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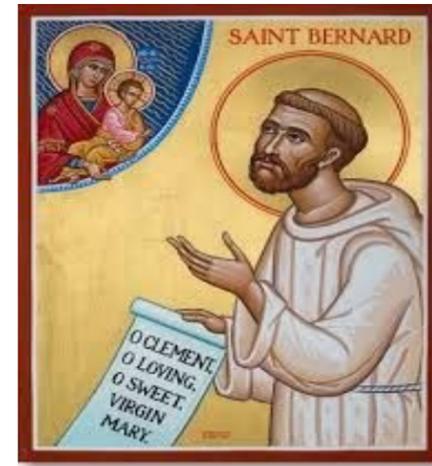
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ST. BERNARD'S CATHOLIC COMMUNITY
105 Knight Avenue North Thief River Falls, MN 56701
(218) 681-3571 www.stbernardscc.org



Fourth Sunday in Ordinary Time
January 29, 2023

Your words, Lord, are Spirit and life.

PARISH STAFF

- FR. RICK LAMBERT, PASTOR
- LAURA BRICKSON, SCHOOL PRINCIPAL
- CAROL AMUNDSON, OFFICE MANAGER
- MARGARET RASMUSSEN, RELIGIOUS FORMATION COORDINATOR
- MISTY MEHRKENS, YOUTH MINISTER
- CAROLYN HOLECEK, RCIA COORDINATOR
- MANZY PERALTA, BUILDING & GROUNDS

NOTES FROM FR. RICK:

THE PARISH FAMILY EXTENDS PRAYERFUL SUPPORT to Donna Koehmstedt at the death of her sister, Eileen Kahler. May the Lord grant her eternal life!

FIRST SATURDAY ADORATION OF THE BLESSED SACRAMENT ON FEBRUARY 3/4th Adoration will be held from Friday, February 3rd, beginning at 7:00 p.m. – Saturday, February 4th, to 8:00 a.m. First Saturday Mass will follow at 8:00 a.m. Consider coming to spend so time with the Lord Jesus before His Eucharistic presence throughout the night.

ST. BERNARD'S F.A.I.T.H. NIGHT Please plan to participate on Wednesday, February 1st, beginning with Mass followed by Supper and an Activity. Check out the flyer elsewhere in this Bulletin for times and further details! **Let's take a walk through the Mass!**

DIOCESAN VICTIMS ASSISTANCE COORDINATOR
CINDY HULST, LSW
218.281.7895
(SAFE, CONFIDENTIAL LINE)

MASS IS CELEBRATED ON THE WEEKENDS AT:
5:00 P.M. ON SATURDAY
SUNDAY AT 8:30 & 10:30 A.M.
(8:30 A.M. LIVE STREAMED)

PLEASE REFER TO "THIS WEEK IN THE PARISH" FOR THE TIMES OF THE WEEKDAY MASSES

THOSE WISHING TO CELEBRATE THE SACRAMENT OF MARRIAGE ARE ASKED TO CONTACT THE PASTOR AT LEAST SIX MONTHS PRIOR TO THE INTENDED

He began to teach them, saying

BLESSED are the
the POOR in SPIRIT
the PEACEMAKERS
the MEEK
the MERCIFUL
those who mourn
the CLEAN of HEART
they who hunger for JUSTICE
For theirs is the KINGDOM of HEAVEN

THIS WEEK IN THE PARISH

- 30 Monday – Hebrews 11:32-40—Psalm 31:20-24—Mark 5:1-20**
No Mass today
Catholic Schools Week Jan. 29—Feb. 3
- 31 Tuesday— Hebrews 12:1-4 –Psalm 22:26-28,30-32 –Mark 5:21-43**
8:00 A.M. Mass + Delphine Ottesen
8:30 A.M.—10:00 P.M. Adoration of the Blessed Sacrament
4:30 P.M. Fish Fry Committee Mtg.—Parish Hall Mtg Room
- 1 Wednesday— Hebrews 12:4-7,11-15 - Psalm 103:1-2,13-14,17-18—Mark 6:1-6**
5:45 P.M. **FAITH Night** Mass + Ted Magnan
6:15 P.M. Supper
6:30 P.M. Reconciliation
7:00 P.M. **FAITH Night** Activity
8:00 P.M. Men's Prayer Group
- 2 Thursday— Malachi 3:1-4 –Psalm 24:7-10 –Hebrews 2:14-18– Luke 2:22-40**
8:30 A.M. Catholic Schools Week Mass with Bishop Cozzens
10:00 A.M. Bible Study
9:00 A.M. —10:00 P.M. Adoration of the Blessed Sacrament
5:00 P.M. Rosary
6:00 P.M.—8:00 P.M. OCIA
- 3 Friday— Hebrews 13:1-8 – Psalm 27:1,3,5,8-9—Mark 6:14-29**
7:00 A.M. KC Rosary
8:00 A.M. Mass + Pope Benedict XVI
8:30 A.M. Rosary
7:00 P.M.—8:00 A.M. First Saturday Adoration of the Blessed Sacrament
- 4 Saturday— Hebrews 13:15-17,20-21– Psalm 23:1-6-Mark 6:30-34**
8:00 A.M. Mass—Special Intention
4:00 P.M. Reconciliation
4:30 P.M. Rosary
5:00 P.M. Mass + Pat Lambert Ueland
- 5 SUNDAY— Isaiah 58:7-10—Psalm 112:4-9– 1 Corinthians 2:1-5– Matthew 5:13-16**
8:00 A.M. Rosary
8:30 A.M. Mass + Gary Lane
9:20 A.M. Sunday School
10:30 A.M. Mass — For the People



Please remember those who have asked for our prayers:

Brian Williamson, Joe Roskop, Madeline Baumann, Mary Ann Lambert, Merlin Stone, David Carlson, Kristy Dupree, Timmy Nelson, Elaine Radniecki, William Kezer, Rachael Carlson, Tim Przybylski, Jane Palm, Audrey Berard, Duane Lusignan, Janelle Knott, Tony Radniecki Brian Huerd, Gordon Peterson, Frank Miller, Fern Melby, Ron Winter, Theresa Linnertz, Randy Winter, Tom Super, Lori Kristo, Alayna Espeseth, Michael Andersen, Andrea Dowers, Gary Paquin, Willy Schafer, Kim Osowski, Richard Haugen, Mikey Hedegard, Dennis Bjerken, Lillian Winter, Matthew Kaiser, Kaelyn Diaz, Vivian & Bruce Linander, Ryan McKay, Renee Miller, Cheryl McClenahan, Dan Dowers, Ed Rasmussen, Lisa Swanson, Judy Langhorst, John Barry, Doug Henke, Larry Schaefer, John Parent, Emily Novacek, Donald Hanson, Marty Torgerson, Sherrill McDonald, Dennis Srnsky, Doreen Dargon, Cindi Determan, Candace Schafer, Jerome Brazier, Mary David, Wanda Murphy, Pete Christianson, Patty Anderson, Ralph & Grace Rundell, David & Phyllis Cornelius, Ann Sang, Sharon Kozojed, Gerald Kostrzewski, Jeanette Stoltman, Alice Stancyk, Myrna Lane, Katy Seed, Jim Legg, Shelly Legg, Donna Radeke, Elliana Viktora, Jackie Hunt, Christopher Benjamin, Ralph Cox,, Carolyn Halvorson, Douglas Stalboerger, Rachel McCoppin, Ted Stoltman, Ginny Pream, Ray Hedlund, John Sherack,

RELIGIOUS FORMATION NEWS

By Margaret Rasmussen
Margaret.Rasmussen@stbernardstrf.com

February 8—6:30 pm Grades 6 & 7 RE
February 12- 9:20 am Sunday School
February 15—6:30 pm Grades 6 & 8 RE
February 19—No Sunday School - Presidents Weekend
February 22—ASH WEDNESDAY
—RE Classes to attend Mass—7:00 & 8:30 am, 6:30 pm
February 26—9:20 am Sunday School
March 1—6:30 pm Grades 6 & 7 RE
March 5—9:20 am Sunday School
March 8—6:30 pm Grades 6 & 8 RE
March 12– 9:20 am Sunday School—Daylight Savings Time!
8:30 am—12:30 pm Confirmation Retreat - begins with Mass
March 15- 6:30 pm Grades 6 & 7 RE

Blessed is She.net

"Your word is a lamp to my feet and a light to my path." // Psalm 119:105

Sometimes, we enjoy great clarity of direction. We know exactly where Jesus is leading us. But there are also times in our lives (possibly many times) in which the Lord calls us forward into something we cannot yet see.

These moments feel a bit hazy. We know we are to follow Him, but everything seems foggy. We trust Him, but we wonder what lies ahead.

The Lord is with you now, right here // Our grace and consolation remain in the fact that the Lord is present with us in the here and now. Yes, He is calling us forward. Yes, He sees the way ahead even when we don't. But even more, He offers us His presence now. We do not need to be afraid because we are with Him. And with every step forward, He remains with us all the same.

He has a good plan for your life // Things seem unclear at the moment, but we can be certain of this: God has a good plan for our lives. Whatever lies ahead—be it a path lined with roses or a thorny thicket—God will work all things together for our good.

You will see as you need to see // More of the path will be revealed according to His divine will and appointed time. We will eventually see what we cannot see now, but only as He wishes. Let us then be content with our limits and confidently rejoice while we wait for more to be revealed.

If you are walking into a season that seems unclear, if you're not sure where the Lord is leading you, take heart. It is often in these hazy places that the Lord desires to shine His light most brightly.

Seek **I** and JUSTICE
HUMILITY

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YOUTH NEWS

By Misty Mehrkens

Misty.Mehrkens @ stbernardstrf.com

FB: @st.bernardsyouthgroup IG: @st_byouth

Some of the beatitudes are familiar and widely celebrated, but the first two, poverty of spirit and meekness, are often misunderstood. Poverty of spirit is the opposite of entitlement. The person who is poor in spirit knows that everything they have comes from God. Because they aren't clinging to anything, the poor in spirit have their hands open to receive all of God's gifts and their hearts open to see the kingdom of God in our midst. What about meekness? Before a horse could be ridden into battle or taken out to work a field, it had to be "meeked" to be steady and unflappable. The meek person is disciplined and not easily distracted or spooked from their course, even when it is difficult. The meek can feel fear, anger, or grief without being pushed around by them. Jesus was meek (Matthew 11:29). He is our model of all the beatitudes!

Whether we are passionate about planting seed of peace or are "hungering" for righteousness and justice to be done, the first step is to embrace meekness and listen to one another without defensiveness. Practice reflective listening. Rather than responding immediately to what you think the other person is saying, rephrase what you hear and ask the other person whether you have understood them correctly. Listening, even when it makes us uncomfortable, give us the insight to find just solutions and create greater understanding for all people.

UPCOMING EVENTS

ATTN: Confirmation Candidates! If you haven't yet fulfilled your two required encountering events, these are it! Contact me right away if you are interested in going.

Reason for Hope Retreats: ([information and registration can be found at www.crookston.org/reasonforhope](#))

Reset: a 40-hour retreat focused on recentering our hearts on Jesus Christ. What a wonderful opportunity to prepare our hearts just prior to Lent! Friday, February 10 – Sunday, February 12th.

Into the Desert: A retreat focused on spiritual renewal during the season of Lent. March 18-19, 2023

Wednesday, February 1st: Family Faith Night – "A Walk (or Scramble) Through Mass". See flyer in bulletin. Mass is at 5:45; Supper (Pizza) at 6:15; Activity at 7:00. Italian Sodas available for \$2.00 to help fund the World Youth Trip in 2025! 8th graders – it's your turn to help with ministry! Please go to <https://bit.ly/23FebFAITH> to sign up.

Monday, February 20th: Ski Trip to Buena Vista Ski Resort, Bemidji. Open to all 6-12th graders. 5th grade and younger are welcome but need to have their own chaperone. Parent/Guardian Consent forms can be found on the bulletin board and all other required forms (like rental agreements) are found on our website: <https://bit.ly/stbernardsyouth>. **All forms and payments must be submitted to me on or before Friday, February 10th.**

February 26th: High School Youth Rally in Win-E-Mac, Erskine, MN from 9:30am-6:30pm The theme of the rally is **Spark!** based on St. Catherine of Siena's quote, "Be who God meant you to be and you will set the world on fire." See flyer in bulletin. **I'll need a couple of chaperones to join us** as well so parents, if you are available that day, please let me know right away. Registration fee is \$50/person, chaperones are free to attend! Registration forms can be found on the Youth Bulletin board, or online at <https://bit.ly/StBernardsYouth>.

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” MATTHEW 5:3

The phrase “poor in spirit” can be confusing. Think of it in this sense – poor in spirit means depending on God’s providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

PROMISE TO PROTECT PLEDGE TO HEAL
 If you or someone you know has been a victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24 hour confidential number).

K of C
 Are you unable to leave your home to get groceries or other supplies? Do you know someone who cannot get out because they are sick or they are vulnerable? If so, the Knights of Columbus wants to help you and your loved ones. During this pandemic the Knights of Columbus will gladly pick up your shopping for you and deliver to your home. For more information please call Mark Christiansen at (218)556-0037.



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Our Northland Diocese, official publication of the Diocese of Crookston since 1946, is available via eOND, an electronic newsletter full of the latest and biggest news of our local Church! In addition to monthly print issues delivered to household mailboxes, eOND arrives to email inboxes twice monthly. Each eOND offers local, national and world news published digitally between print issues, as well as local monthly commentary. Parishes pay an annual subscription rate of \$15.67 per household for all services but opt-in is required for eOND. Subscribing is as simple as providing your name and email address so do not delay! Visit >> www.crookston.org/subscribe



St. Bernard's Building Campaign

Pledged to Date: \$ 3,415,346.82

Received to Date: \$ 2,612,061.98



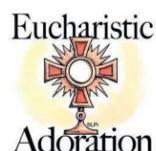
St. Bernard's Church is Offering **Online Giving**. For additional information, or to sign up, visit our website: www.stbernardsc.org

SUNDAY STEWARDSHIP
 Sunday — January 22, 2023

Weekly Offertory Total.....\$ 7,606.58
 Weekly Offertory Budget..... \$ 10,833.00
 Excess/Shortfall..... - \$ 3,226.42



New to the parish and not registered? Need to update your address or discontinued your landline? You can register or update your information on our website at stbernardsc.org or call 681-3571.



Eucharistic Adoration Adoration of the Blessed Sacrament is open to anyone who would like to come to pray or be in the presence of Jesus. If you would like an hour of your own, contact Arlene Thune at 218.681.1740
 Adoration : Tuesdays & Thursdays 8:30—10 pm



First Friday/Saturday Adoration Vigil. In remembrance of the Sacred Heart of Jesus and the Immaculate Heart of Mary, St Bernard's holds an Adoration Vigil between the First Friday and Saturday of each month. If you would like to sign up for an hour or sign up as an alternate, please contact Mark Christiansen at (218)556-0037 or email at mark.christiansen22@gmail.com



Please join the rosary rally praying the Patriotic Rosary and the Divine Mercy Chaplet for peace in our country, from 5 to 6 pm on the last Thursday of each month.



Volunteers are needed to serve Coffee & Rolls after the 8:30 am Sunday Mass. Please consider helping in this ministry. Contact Julie Peterson for more information and to sign up. 218-686-8599



In the Gospel today Jesus gives us the Beatitudes, which embody a radically alternative vision of life and we find that God indeed calls us to blessedness.

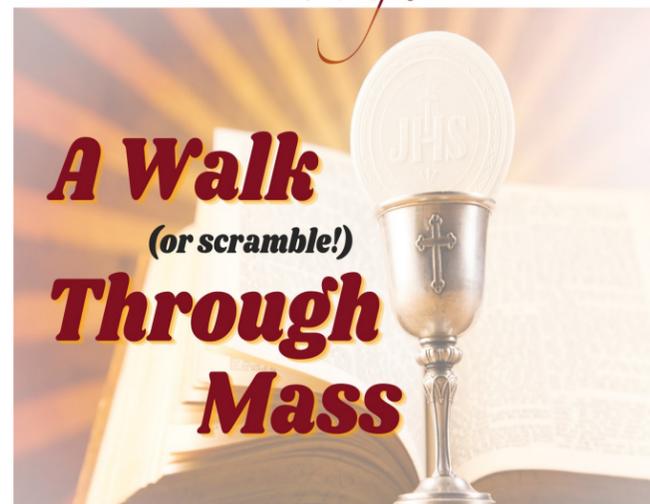
Your gift to the Society of St. Vincent de Paul proclaims the gospel of the kingdom and brings healing to the broken hearts of those who live in pov-

St. Bernard's Youth Masses—Grades 1 & UP!



February 5—Sunday 10:30 am
 March 12—Sunday 8:30 am
 April 2—Sunday 10:30 am
 April 29—Saturday 5:00 pm

Go to Sign up Genius: <https://bit.ly/SBYouthMass> Or call/ email Cindy Dallmann or Beth Zerr 218 681 1539 / cindy.dallmann@stbernardstrf.com beth.zerr@stbernardstrf.com



As Catholics, Mass is the center of our Faith. We know all the gestures, we know all the responses. But do we know what it all means?

WEDNESDAY, FEBRUARY 1ST, 2023

5:45 PM MASS
6:15 PM SUPPER (PIZZA)
7:00 PM ACTIVITY



We invite everyone in our parish - youth, parents, families, parishioners - to join us for our monthly FAITH Nights at St. Bernard's! These evenings are a chance to grow our Catholic Faith. Each night will include Mass, supper & an activity.

Cursillo 2023



Where two or three meet together in my name, I shall be there with them. Matthew 18.20.

Cursillo is a three-day learning, sharing and inspirational experience of living in a Christian community.

During the three days of a Cursillo weekend a person not only hears inspiring talks on what it really means to be a Christian, but actually experiences the joy of building and being part of a genuine Christian community.

Spring Cursillo Weekends,
 Men's February 23-26, 2023

For more information visit Crookston Diocese Cursillo page at <https://crookstoncursillo.weebly.com/> or reach out to Stephen Wegscheid, Mike Wavra, Mike DeMars or Tom Schaefer.



Worldwide Marriage Encounter

Feeling disconnected? Every married couple deserves the gift of a Worldwide Marriage Encounter weekend!

Worldwide Marriage Encounter Weekends
Feb 4-5, 2023 in Saint Paul, MN
Oct 28-29, 2023 in ALEXANDRIA, MN.

Early registration is highly recommended. For more information visit our website at: northmnwwme.org or contact Miki at applications@northmnwwme.org or 507-227-8229.

SPARK
 HIGH SCHOOL YOUTH RALLY

BE WHO GOD MEANT YOU TO BE AND YOU WILL SET THE WORLD ON FIRE.
 -SAINT CATHERINE OF SIENA

Sunday, February 26, 2023
10 AM - 6:30 PM

Win-E-Mac High School
Erskine, MN

Cost: \$50.00



FOR MORE INFORMATION, CONTACT:

Misty Mehrkens @ 681-3571 or misty.mehrkens@stbernardstrf.com

CROOKSTON.ORG/HSYR





ST. BERNARD'S SCHOOL NEWS

~January 29, 2023~

ST. BERNARD'S CATHOLIC SCHOOL EDUCATES AND GUIDES FAMILIES TO GROW AND SERVE IN THE LOVE OF JESUS CHRIST



ST. BERNARD'S SCHOOL ENROLLMENT FOR 2023-2024

Welcome to the 2023-2024 School Year. It may seem early, but we are already beginning to plan for next school year. "Go Make a Difference" in the life of your child!

- January 1 – Current Families Re-enrollment – **Early Bird Registration - \$50 off per student until March 1!**
- March 1 – New Families Enrollment Opens
- March 9 – Early Childhood Round Up – Preschool, Prekindergarten, Kindergarten

If you are interested in enrolling your child, please see our website at <https://www.stbernardsc.org/>, email laura.brickson@stbernardstrf.com, or call 218-681-1539



ANNOUNCING! PLEASE SAVE THE DATE FOR THE ST. BERNARD'S GALA: HAWAIIAN PARADISE ON MARCH 11TH, 2023!



GIVING HEARTS DAY – FEBRUARY 9

Founded in 2008, Giving Hearts Day is a 24-hour event for charities in North Dakota and northwest Minnesota. Each year, Giving Hearts Day provides a platform for charities to fund their missions through an ever-increasing community of donors, many of whom get to experience the joy of giving for the first time. The longest-running giving day in the country, Giving Hearts Day has helped participating charities raise more than \$138 million since its founding.



St. B's is THRILLED to announce that we have matching gifts of \$5000!! Please see the flier in the bulletin for more information! Scan the QR code or go to this link: <https://www.givingheartsday.org/>

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SCAN ME

ST. BERNARD'S DATES TO REMEMBER

1/29-2/3	Catholic Schools Week (CSW)	2/2	12:30 PM
1/29	9:00-12:30 CSW Knights of Columbus Pancake Breakfast	CSW: Future Speaker Stations	
1/29	10:30 AM CSW Mass	2/2	3:00 PM
1/30	CSW Theme: Student Choice: Cartoon Character Day	Art Club with Pam Anderson	
1/30	8:15 AM All School Rosary	2/3	CSW
1/30	12:30 PM CSW: Sledding	Theme: Spirit Day	
1/31	CSW Theme: Beach Day & Beach Lunch	2/3	12:15 PM
2/1	CSW Theme: "Go Make a Difference!"	CSW Spirit Olympics	
2/1	11:00 AM CSW Parent Luncheon	2/5	10:30 AM
2/1	3:00 PM Youth Mass Practice	Youth Mass	
2/1	Family Faith Night	2/9	Giving Hearts Day!
2/2	CSW Theme: Future Day	3/11 St. Bernard's Gala	
2/2	8:30 AM Bishop Cozzens comes for mass	"Hawaiian Paradise"	

Catholic Schools Week 2023
January 29–February 4

www.NCEA.org/csw
#CSW23

St. Bernard's School is an Equal Opportunity Employer

5 Reasons Giving Is Good for You

Here are some great conversation starters to talk about the joy of giving with your friends and family:

1. Giving improves your health.
2. Giving elevates your mood.
3. Giving is contagious.
4. Giving helps you live longer.
5. Giving promotes self-worth.



Make a Donation!

1. On Giving Hearts Day - Feb. 9 by scanning the QR code or visiting GivingHeartsDay.org and find St. Bernard's.
 2. Drop off a check at St. Bernard's
 3. Schedule a gift BEFORE Giving Hearts Day (today – Feb. 8) at GivingHeartsDay.org. Your gift will be processed on Giving Hearts Day
 4. Buy a Giving Hearts Day Gift Card
 5. Year-Round Giving - Schedule a monthly recurring gift to a charity at GivingHeartsDay.org
 6. GivingHeartsDay.org is up and running year round so you can make a donation to St. B's at any time.
- THANK YOU SO MUCH!

ST. B'S IS THRILLED TO ANNOUNCE THAT WE HAVE MATCHING GIFTS!

\$5000!

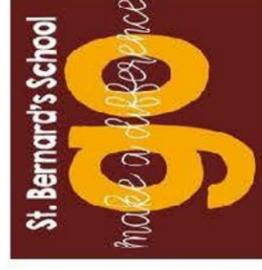
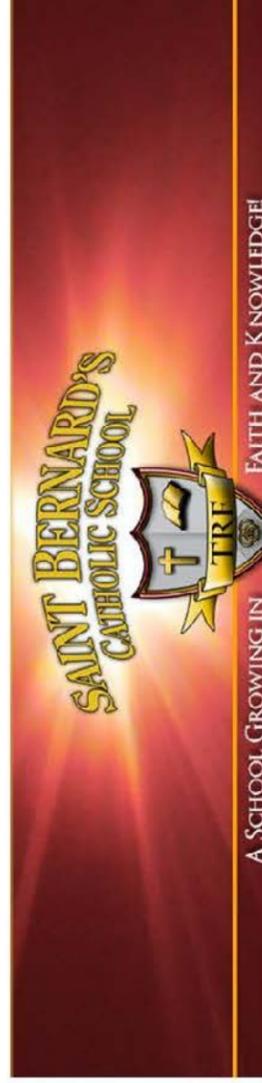


SCAN ME

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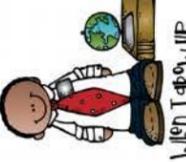
SUNDAY 1/29 @ ST. B
CATHOLIC SCHOOLS WEEK
MASS 10:30
KC PANCAKE BREAKFAST
9:00-12:30



Catholic Schools Week 2023
January 29-February 4
www.NCEA.org/csw
#CSW23

"Since 1974, National Catholic Schools Week is the annual celebration of Catholic education in the United States. The theme for National Catholic Schools Week 2022 is "Catholic Schools: Faith. Excellence. Service." Schools typically observe the annual celebration week with Masses, and other activities for students, families, parishioners and community members. Through these events, schools focus on the value Catholic education provides to young people and its contributions to our church, our communities and our nation. Thank you to everyone for your support of St. Bernard's Catholic School!"



Sunday Jan 29	Catholic Schools Week Opening Mass 10:30am (singers come 9:45)  Knights of Columbus Pancake Breakfast 8:30-12:00 Even if you are not Catholic, ALL families are encouraged to come!	Monday Jan 30	Students' Choice Cartoon Character Day Lunch: <i>Pizza Burgers</i> Wear: <i>Dress up as your favorite cartoon character</i> 12:30-2:15 Sledding and Hot Chocolate at the Armory  Please bring a sled with your name written on it and dress appropriately. We will be watching the weather and reschedule if necessary.	Tuesday Jan 31	Beach Day Lunch: <i>Hamburgers & Hot Dogs</i> Wear beach clothing, but make sure you are still warm. Picnic / Limbo Regular Lunch Schedule *Bring a towel* 	Wednesday Feb 1	"Go Make a Difference" Lunch: <i>Scalloped Potatoes and Ham</i> Wear GMAD Shirts Parent and Invited Community Guests Lunch Please RSVP at the office by 1/31—\$6 each Day of Service Make a Difference in Someone's Life! 	Thursday Feb 2	Future Day Lunch: <i>Chili</i> Wear: <i>When I Grow Up</i> Closing Mass 8:35am with Bishop Cozzens 12:30-2:30 Future Stations! Parents and community members will lead different stations talking about their occupations  When I Grow Up...	Friday Feb 3	Spirit Day Lunch: <i>Hamburger Hotdish</i> Wear: <i>Class Shirts</i> K=Yellow/1=Green 2=Purple/3=Red 4=Blue/5=Te Dye Spirit Olympics 12:30pm-2:15pm City Auditorium All are welcome! Come cheer on our students! 
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CAPITOL THURSDAYS

Join the Minnesota Catholic Conference Staff

2nd & 4th

THURSDAYS @ 10 AM

January - May

Our Office:

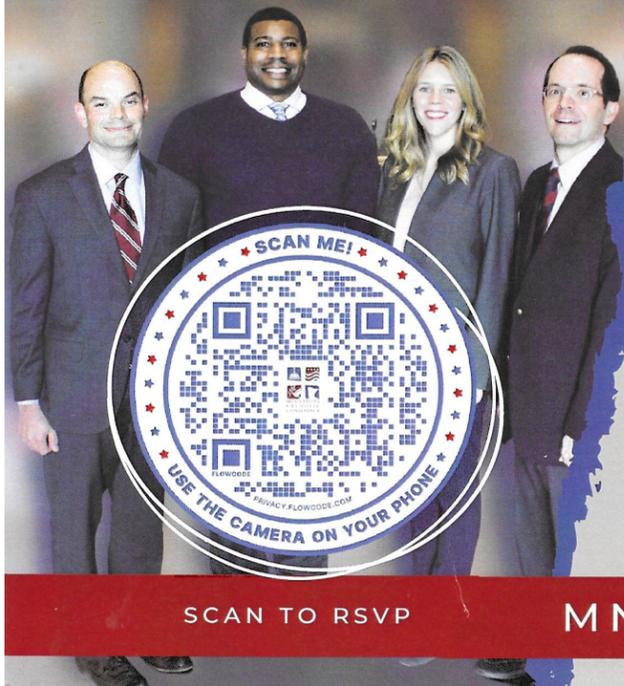
525 Park Street, St. Paul
(FREE Parking)

During your visit to our new office, located next door to the State Capitol, you will have the chance to learn about MCC's public policy agenda to uphold life, dignity, and the common good. We'll then take you to visit the Capitol and meet your legislator. All in about an hour!

To RSVP text **THURSDAY** to (651) 998-7322, Scan the QR code, or Visit MNCatholic.org/Events

In order for our staff to help arrange a meeting with your legislators, you will need to RSVP no later than noon the Wednesday before your desired Thursday visit.

"A good Catholic meddles in politics, offering the best of himself, so that those who govern can govern."
- Pope Francis



SCAN TO RSVP

MNCATHOLIC.ORG/EVENTS



NATIONAL Eucharistic Revival

Diocese of Crookston Eucharistic

Revival Events 2023

February 5: MERCY HOUR: A Eucharistic Healing Service for Marriages and Families – Sacred Heart, Roseau at 3:00 pm. Led by Bishop Cozzens

February 10-12: RESET – 40 HOUR RESTORATION RETREAT for high school youth at the Diocese of Crookston Pastoral Center. Information and registration can be found at www.crookston.org/reasonforhope

February 12: MERCY HOUR: A Eucharistic Healing Service for Marriages and Families – Holy Rosary, Detroit Lakes at 3:00 pm. Led by Bishop Cozzens

February 26: HIGH SCHOOL YOUTH RALLY Win-E-Mac, Erksine, MN 9:30am-6:30pm

March 9: MERCY HOUR: A Eucharistic Healing Service for Marriages and Families – Cathedral of the Immaculate Conception, Crookston at 7:00 pm. Led by Bishop Cozzens

March 12: ROLLING LENTION MISSION: Lenten Mission Part 1 of 2: Venue and Time TBD. Led by Bishop Cozzens

March 18 & 19: INTO THE DESERT – 24 HOUR LENTEN RETREAT for high school youth at the Diocese of Crookston Pastoral Center. Information and registration can be found at www.crookston.org/reasonforhope

March 26: ROLLING LENTION MISSION: Lenten Mission Part 2 of 2: St. Joseph's Catholic Church, Red Lake Falls, Time TBA. Led by Fr. Craig Vasek

April 29: PARISH EUCHARISTIC REVIVAL TEAMS RETREAT with Julianne Stanz Location TDB

April 30: PARISH EUCHARISTIC REVIVAL TEAMS RETREAT with Julianne Stanz St. Bernard's, Thief River Falls 12:30-5:00 pm

National Eucharist Congress: July 17-21, 2024

Reserve tickets now

As part of the three-year Eucharistic Revival, the United States Conference of Catholic Bishops will be holding a National Eucharistic Congress in Indianapolis, IN, on July 17-21, 2024.

This event, primarily held at Lucas Oil Stadium in downtown Indianapolis, will feature times of adoration, speakers, prayer, and the celebration of Mass. The Diocese of Crookston was able to secure 250 tickets and the Diocesan Eucharistic Revival Committee is asking pastors to indicate how many tickets they wish to reserve for their parishioners by January 31st. If you wish to attend, please let your pastor know. The cost of each ticket is \$200, and participants will have additional costs for accommodations (we have not been given hotel rates), meals and transportation.

A link to the National Eucharistic Website information about the Congress is here:
<https://www.eucharisticcongress.org/>



Have You Heard?

WE ARE IN THE MIDST OF A NATIONAL EUCHARISTIC REVIVAL!

The Church needs healing, and the world needs Jesus. The Holy Spirit is inviting us to return to the source and summit of our faith—the Eucharist.



eucharisticrevival.org

Timeline

2022-2024
Parish, diocesan, and digital efforts focus on formation, community, and encounters.

MAY 2024
A national Eucharistic procession begins, leading into the Congress in July.

JULY 2024
National gathering of 80,000+, shifting the Revival from pilgrimage to mission



Hey St. Bernard's Youth Group!!

IT'S TIME TO GO SKIING!

Buena Vista Ski Resort, Bemidji, MN

Monday, February 20, 2023

8:00 am - 5:00 pm

PLEASE RETURN COMPLETED FORMS TO MISTY MEHRKENS BY **FRIDAY, FEBRUARY 10TH.**

FORMS NEEDED FOR THE SKI TRIP INCLUDE:

- *PARENT/GUARDIAN CONSENT FORM
- *BUENA VISTA DAY PASS AGREEMENT
- *BUENA VISTA EQUIPMENT RENTAL AGREEMENT
- *TUBING RELEASE FORM (IF APPLICABLE)
- *HELMET RENTAL FORM (IF APPLICABLE)

ALL FORMS CAN BE FOUND ON OUR ST. BERNARD'S WEBSITE:
<https://bit.ly/StBernardsYouth>

MISTY.MEHRKENS@STBERNARDSTRF.COM

218.681.3571



Buena Vista Ski Trip Monday, February 20, 2023 Parental / Guardian Consent Form

Depart St. Bernard's at 8:00 a.m. and arrive back approximately 5:00 p.m. By completing this form I fully promise to abide by the rules of my chaperone(s). I will behave appropriately and will not retain, obtain, or use drugs, tobacco or alcohol.

Participant's Name: _____
 Birthdate: _____ Grade: _____ Parent / Guardian Name: _____
 Home Address: _____ Work Phone: _____
 Parent Cell Phone (please specify whose) _____ Child Cell Phone: _____

I, _____ (parent's name), grant permission for my child, _____ (child's name), to participate in the ski trip to Bemidji on February 20, 2023. Mode of transportation from the parish to Bemidji will be by bus. As a parent/guardian, I remain legally responsible for any personal actions taken by the above named minor (participant). I agree not to hold St. Bernard's or the Diocese of Crookston responsible for any injury that may happen to my child.

Parent/Guardian Signature: _____ Date: _____
 In the event of an emergency, I hereby give permission to transport my child to a hospital for emergency medical or surgical treatment. I wish to be advised prior to any treatment by the hospital or doctor. In the event of an emergency, if you are unable to reach me at the above numbers, contact name and relationship to contact is: _____ Phone: _____

Insurance ID Policy Name and Number: _____
 List Medical Concerns: _____
 Will your child have medication with them? If yes, list what and why: _____

Rental Options & Costs:

- \$38 Lift Ticket
- \$28 Ski Rental
- \$32 Board Rental
- \$24 Tubing/person for 2 hours (online booking only @ bvskiarea.com)
- \$8 helmet rental

Parents - Please Check One

- I am willing to be a chaperone.
- I'm sorry I am unable to help chaperone.
- My child is in the 5th grade or younger so I will be with chaperoning my child.

Students - Check One

- Please deduct the total payment from my youth account.
- I will pay the total payment out of pocket. (Cash or checks payable to "St. Bernard's Youth" need to be submitted with this form.)

Return completed forms to Misty Mehrkens by February 10, 2023

- *Parent/Guardian Consent Form
- *Buena Vista Day Pass Agreement
- *Buena Vista Equipment Rental Agreement (for skis and/or board)
- *Tubing Release Form (if applicable)
- *Helmet Rental Form (if applicable)

All forms can be found on our St. Bernard's website: <https://bit.ly/StBernardsYouth>

St. Bernard's Catholic Community FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
8:30 Mass 9:20 am Sunday School 10:30 am Mass - Youth Mass First Eucharist Enrollment @10:30 Mass Parent Mtg. following Mass (in church) KC Fishing Derby 1-3 pm Tindolph Point			Faith Night- 5:45 pm Mass 6:15 pm Supper 7:00 pm Activity 8 pm Men's Prayer group	8:30 am Mass- Bishop Cozzens presiding. 9:30 - 10 pm Adoration of the Blessed Sacrament	7:00 am KC Rosary 8:00 am Mass 8:30 am Rosary 10:30 am VH	4:00 pm Reconciliation 4:30 pm Rosary 5:00 pm Mass
5 8:30 Mass 9:20 am Sunday School 10:30 am Mass - Youth Mass First Eucharist Enrollment @10:30 Mass Parent Mtg. following Mass (in church) KC Fishing Derby 1-3 pm Tindolph Point	6	7	8	9	10	11
	6:00 pm School Advisory Council	8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament 10:30 am Mass- CC 3:15 pm Staff Gathering 5:00 pm Faith Formation Mtg. 7:00 pm KC Officer's Mtg 7:00 pm E. Revival Team.	7:00 am Buildings/Grds 5:15 pm Mass 5:45 pm Rosary 5:45 pm Reconciliation 6:30 pm 6 & 7 Grade 8 pm Men's Prayer group	8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament	7:00 am KC Rosary 8:00 am Rosary 8:30 am Mass 10:00 am Mass OP	4:00 pm Reconciliation 4:30 pm Rosary 5:00 pm Mass
12 8:30 & 10:30 Mass 9:20 am Sunday School	13	14	15	16	17	18
		8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament St. Valentine's Day 9:30 am Staff Mtg.	7:00 am Finance Council Mass 5:15 pm Mass 5:45 pm Rosary 5:45 pm Reconciliation 6:30 pm 6 & 8 Grade	8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament	7:00 am KC Rosary 8:00 am Rosary 8:30 am Mass 10:30 am VH	4:00 pm Reconciliation 4:30 pm Rosary 5:00 pm Mass
19 8:30 & 10:30 Mass No Sunday School	20	21	22	23	24	25
	No School Youth Ski Trip	8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament 10:30 am Mass- CC	Ash Wednesday 6:30 pm Mass JH & SH classes attend a Mass 8pm Men's Prayer group	8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament	7:00 am KC Rosary 8:00 am Mass 8:30 am Rosary 10:00 am Mass OP	4:00 pm Reconciliation 4:30 pm Rosary 5:00 pm Mass
26 8:30 & 10:30 Mass 9:20 am Sunday School	27	28				
		8:00 am Mass 8:30 - 10 pm Adoration of the Blessed Sacrament 9:30 am Staff Mtg.				

Thank You for Hearing the Call

“Bear one another’s burdens, and you will fulfill the law of Christ.” Galatians 6:2

Like Abraham who left his country to a land unknown by him, allowed the Holy Spirit to lead him and his family to the will of God, so too did 2-families travel cross country to Thief River Falls. Their hopes to start a new life, escaping from an existing situation that threaten the well-being of their families. Our Lord knew that he was sending them to a community of believers – to YOU.

“Don’t forget to do good and to share what you have because God is pleased with these kinds of sacrifices” Hebrews 13:16

There were many who shared. You the parishioners of St. Bernard’s truly heard the voice of Our Lord. Both families are now equipped with the basic essentials of living and raising a family in our area. Your donations included beds, all types of kitchen utensils and cooking aids, clothing, towels, pillows, personal toiletries, monetary funds, cleaning supplies and a whole host of other items. While these families still have a long struggle, your generosity has given them a light of hope. With both families, jobs have been secured, living quarters rented, children are enrolled into school, and all are adapting to living in a much colder climate.

Your St. Bernard’s Vincentian team continues to interact with these families on nearly a daily basis as additional needs arise. We have prayed with these families, provided spiritual reading material, and invited them to join us at St. Bernard’s. Truly though, your prayers for these families are still very much needed.

“Rejoice always. Pray without ceasing. In all circumstances give thanks, for this is the will of God in Christ Jesus.” 1 Thessalonians 5: 16-18

In as much as confidentially allows, please visit with any of your Vincentian Team about the progress of these families and the potential for additional help. You are also always welcome to call me (Dave).

“Let us not grow tired of doing good, for in due time we shall reap our harvest-” Galatians 6:9

Thanks

Beth, Barb, Larry, Sara, Colette & Dave

Please Pray for our endurance as we prepare to help the next family.

February Liturgical Ministers

February 4 - February 5

	Accompanist	Cantor	Hospitality	Minister of Holy Communion	Lector	Commentator	Altar Server	Tech Minister
Saturday, 5:00 PM	NOT FILLED	NOT FILLED	Carl Bruzek Aiden Eidelbes Gerard Novak Tom Pederson	Pinky DeHaan Amanda Mutnansky Arlene Thune	Chuck Walrath	Chris Bruggeman	Harlow Bruggeman	Hailee Eidelbes
Sunday, 8:30 AM	NOT FILLED	Douglas Meyer	Julie Peterson Jon Peterson Lisa Simenson Christy Sorenson	Tina Hapka Paulette Holthusen Charlie Vogel	Carolyn Larson	Mark Christianson	Michael DeHaan	NOT FILLED
Sunday, 10:30 AM	Cindy Dallmann	Youth Mass Choir	Lee Geneveux Kim Geneveux Randy Knott Marge Miller	Jean Janisch Jennifer Knott Tevia Strand	Youth Mass Lector	Youth Mass Commentator	Kennedi Kalinowski	Keaton Dallmann

February 11 - February 12

	Accompanist	Cantor	Hospitality	Minister of Holy Communion	Lector	Commentator	Altar Server	Tech Minister
Saturday, 5:00 PM	Laura Brickson	Hailee Eidelbes Anastasia Williams	Carl Bruzek Aiden Eidelbes Gerard Novak Tom Pederson	Darla Hegge Mark Thune Laura Williams	Rob Burkel	Elijah Williams	Ethan Eidelbes	Jeremy Williams
Sunday, 8:30 AM	Rebecca Peralta	Jill Kruta Rebecca Peralta	Julie Peterson Jon Peterson Lisa Simenson Christy Sorenson	Tina Hapka Misty Mehrkens Mark Yuska	Katie Fogarty	Bill Fogarty	Mackenzie Dupree	NOT FILLED
Sunday, 10:30 AM	NOT FILLED	Douglas Meyer	Lee Geneveux Kim Geneveux Randy Knott Marge Miller	Bob Buresh Deb Buresh Randy Schantz	Carolyn Holecek	David Holecek	Karter Dallmann	Keaton Dallmann

Created using [Ministry Scheduler Pro](#)
Scheduling Software by Rotunda

February 18 - February 19

	Accompanist	Cantor	Hospitality	Minister of Holy Communion	Lector	Commentator	Altar Server	Tech Minister
Saturday, 5:00 PM	Katie Hahn	Darryl Tveitbakk	Carl Bruzek Aiden Eidelbes Gerard Novak Tom Pederson	Anthony Bruggeman Brenda Bruggeman Jacob Rath	Elizabeth Wavra	Samuel Rath	Sarah Hahn	Pat Brickson
Sunday, 8:30 AM	NOT FILLED	Lynette Haugen	Julie Peterson Jon Peterson Lisa Simenson Christy Sorenson	Janet Griffith Paulette Holthusen Randy Malo	Steve Olson	Marcus Langevin	Lenore Vogel	NOT FILLED
Sunday, 10:30 AM	NOT FILLED	Douglas Meyer	Lee Geneveux Kim Geneveux Randy Knott Marge Miller	Jean Janisch Mark Thune Mark Yuska	Joan Lubitz	Elvera Cullen	Genevieve McMullen	Kayden Scholin

February 25 - February 26

	Accompanist	Cantor	Hospitality	Minister of Holy Communion	Lector	Commentator	Altar Server	Tech Minister
Saturday, 5:00 PM	Laura Brickson	Laura Brickson	Carl Bruzek Aiden Eidelbes Gerard Novak Tom Pederson	Dave Bennett Pat Brickson Paulette Odette	Taitum Sorvig	David Odette	Braxton Eidelbes	Hailee Eidelbes
Sunday, 8:30 AM	Jim Dahlstrom	Beth Zeir	Julie Peterson Jon Peterson Lisa Simenson Christy Sorenson	Janet Griffith Tina Hapka Misty Mehrkens	Hailey Wegscheid	Marcus Langevin	Kendall Zeir	NOT FILLED
Sunday, 10:30 AM	NOT FILLED	Douglas Meyer	Lee Geneveux Kim Geneveux Randy Knott Marge Miller	David Holecek Carolyn Holecek Tevia Strand	Mark Christianson	Joann Holten	Noah McMullen	Jennifer Knott