

# St. Bernard's Catholic Church

March 17, 2024

The Fifth Sunday in Lent  
*also known as Passion Sunday*

## St. Bernard's Catholic Church

105 Knight Ave N.  
Thief River Falls, MN 56701

Parish Office Hours  
9AM-5PM Mon-Fri  
*(The office is closed from 12 to 12:30PM)*

Parish Office: (218) 681-3571  
School Office: (218) 681-1539

[www.stbernardscc.org](http://www.stbernardscc.org)

### Parish Staff

**Fr. Craig Vasek**, Pastor and Superintendent  
**Norm Betland**, Office Manager and Executive Assistant  
**Carolyn Holecek**, OCIA Coordinator  
**Misty Mehrkens**, Youth Minister  
**Manuel Peralta**, Buildings and Grounds  
**Margaret Rasmussen**, Religious Formation Coordinator  
**Charlie Vogel**, Advancement Director

### School Office

**Laura Brickson**, School Principal  
**Rebecca Peralta**, Office Administrator

*Whoever serves me must  
follow me, says the Lord;  
and where I am, there also  
will my servant be.*

*John 12:26*

### Holy Mass Schedule

Tuesday 8:00 AM  
Wednesday 5:15 PM  
Thursday 8:00 AM  
Friday 8:30 AM (School Mass)  
Saturday 5:00 PM  
Sunday 9:00 AM  
See the bulletin for weekly changes to the regular schedule.

### Confession Schedule

Saturday 4:00-4:50 PM  
Sunday 8:00-8:50 AM  
Weekdays 30 min. before Mass, ending 10 min. before Mass

### Adoration Schedule

Tuesday 3:00 AM—10:00 PM  
Wednesday 4:00 PM—10:00 PM  
Thursday 4:00 AM—10:00 PM

# Confession & Holy Mass Schedule for this Week

	Confession	Mass	Mass Intention
Mon., Mar. 18			
Tue., Mar. 19	7:30 AM	8:00 AM	+Frank Womack
Wed., Mar. 20	4:45 PM	5:15 PM	+Richard Haugen
Thu., Mar. 21	7:30 AM	8:00 AM	Waldo & Lois Thompson
Fri., Mar. 22	8:00 AM	8:30 AM	+Holy Souls in Purgatory
Sat., Mar. 23	4:00 PM	5:00 PM	+Tony Kozojed
Sun., Mar. 24	8:00 AM	9:00 AM	Pro Populo

## Feasts and Readings

**Mon., Mar. 18 St. Cyril of Jerusalem, Bishop & Doct.**

1st Reading: Dan. 13:1-9, 15-17, 19-30, 33-62  
 Psalm: Ps. 23:1-3a, 3b-4, 5, 6  
 Gospel: Jn. 8:1-11

**Tue., Mar. 19 St. Joseph, Husband of Mary**

1st Reading: 2 Sam. 7:4-5a, 12-14a, 16  
 Psalm: Ps. 89:2-3, 4-5, 27 and 29  
 2nd Reading: Rom. 4:13, 16-18, 22  
 Gospel: Mt. 1:16, 18-21, 24a

**Wed., Mar. 20 Wed. of 5th Week in Lent**

1st Reading: Dan. 3:14-20, 91-92, 95  
 Psalm: Dan. 3:52, 53, 54, 55, 56  
 Gospel: Jn. 8:31-42

**Thu., Mar. 21 Thu. of 5th Week in Lent**

1st Reading: Gen. 17:3-9  
 Psalm: Ps. 105:4-5, 6-7, 8-9  
 Gospel: Jn. 8:51-59

**Fri., Mar. 22 Fri. of 5th Week in Lent**

1st Reading: Jer. 20:10-13  
 Psalm: Ps. 18:2-3a, 3bc-4, 5-6, 7  
 Gospel: Jn. 10:31-42

**Sat., Mar. 23 St. Turibius of Mongrovejo, Bishop**

1st Reading: Ezek. 37:21-28  
 Psalm: Jer. 31:10, 11-12abcd, 13  
 Gospel: Jn. 11:45-56

**Sun., Mar. 24 Palm Sunday**

1st Reading: Is. 50:4-7  
 Psalm: Ps. 22:8-9, 17-18, 19-20, 23-24  
 2nd Reading: Phil. 2:6-11  
 Gospel: Mk. 14:1-15:47

## This Week in the Parish

**Mon., Mar. 18**

6:30 PM OCIA, Rectory Mtg. Rm.  
 Exalt Rehearsal, Sanctuary

**Tue., Mar. 19**

3:00 AM- 7:00 PM Eucharistic Adoration, Sanctuary  
 2:30 PM Lenten Study on Prayer, Offsite  
 7:00 PM Holy Week Rehearsal, Sanctuary

**Wed., Mar. 20**

7:00 AM Finance Council, Rectory Mtg. Rm.  
 NO EVENING ADORATION TODAY  
 5:45 PM Exalt Supper, Parish Hall  
 6:30 PM Exalt, Sanctuary  
 8:00 PM Men's Cursillo Group, Parish Library

**Thu., Mar. 21**

4:00 AM- 10:00 PM Eucharistic Adoration, Sanctuary  
 8:30 AM OCIA, Rectory Mtg. Rm.  
 9:30 AM Bible Study, Library  
 12:30 PM Men's Cursillo Group, Rectory Mtg. Rm.

**Fri., Mar. 22—Day of Abstinence**

9:00 AM-10:00PM Eucharistic Adoration, Sanctuary  
 4:30 PM Fish Fry Takeout  
 5:00- 6:30 PM Fish Fry Dine-In

**Sat., Mar. 23**

DAY OF GRACE: CONFESSIONS ON THE HOUR  
 9, 10, 11 AM Fr. Bryan Kujawa in the Confessional  
 12, 1 PM Fr. Rick Lambert in the Confessional  
 2, 3, 4 PM Fr. Vasek in the Confessional

**Sun., Mar. 24**

8:10 AM Lauds, Sanctuary  
 10:00 AM Fellowship, Parish Hall  
 10:15 AM Sunday School

## Coming Up!

Mar. 25	Chrism Mass, Cathedral	Apr. 12/13	Proclamation Retreat
Mar. 26	Seder Meal	May 4 5PM	Confirmation
Mar. 28	Holy Thursday Mass, 7PM	May 5	Piano Recital
	Tenebrae, 9:45PM	May 17-18	Diocesan Eucharistic Congress
Mar. 29	Good Friday Liturgy, 1PM	July 17-21	National Eucharistic Congress
	Tenebrae, 9:45PM	Aug. 20	Solemnity of St. Bernard
Mar. 30	Easter Vigil	Aug. 21	Parish Block Party

## *From the Desk of Fr. Vasek*

Greetings,

I've shared in the past about some upcoming changes in the main church sanctuary. We needed to build an altar for the new adoration chapel; it turns out our current altar in the main church is a good size for the adoration chapel and will be moved there. We had a new altar built for the main church; it is the same kind of design, just a little bit longer and wider, and will be a good fit for the sanctuary. It's finished and we plan to move it into the sanctuary on Tuesday of Holy Week. We are still working through the logistics for the placement of the tabernacle, the two painted statues, and the repositioning of the Crucifix, so that they are all tied in well together in the sanctuary. Regarding the new adoration chapel, the tabernacle has arrived and the two statues purchased for that chapel have also arrived from Italy. They will be placed into the adoration chapel once it is ready in the next few months.

I've made some videos about what a person might do during a "holy hour" in our new adoration chapel. They will start to be shared on our website and social media, along with a link to sign up for an hour of adoration. That each parishioner would consider signing up for an hour each week is part of our "The 1" parish campaign, that we might have a chapel of perpetual prayer and intercession in the heart of our parish and in the heart of our city. I am confident that God will pour out inestimable graces upon us as we come before Him with our sacrifice of praise. Sign up if you can – or, join up with someone and split a commitment of an hour between yourselves/your families.

Grace and Peace,  
Father Vasek

## **Mar 23 & 24 Weekend Ministry Schedule**

<b>Ministry</b>	<b>Sat 5PM Mass</b>	<b>Sun 9AM Mass</b>
<b>Accompanist</b>	Laura Brickson	Jim Dahlstrom
<b>Cantor</b>	Shelly Burkel	Beth Zerr
<b>Hospitality</b>	Tom Pederson Bruce Skalsky Carl Bruzek Laura Williams	Marge Miller Rick Reiersen Robert Wald Kevin Yaggie
<b>Sacristan</b>	Tate Sorvig	Bob Buresh
<b>Ministry Captain</b>	Margaret Rasmussen	Misty Mehrkens
<b>EMHC</b>	Pat Brickson Stacy Leake	Dave Holecek Jon Peterson
<b>Lector</b>	Jacob Rath	Mark Christiansen
<b>Commentator</b>	Dave Bennett	Carolyn Holecek
<b>Alter Servers</b>	Sam Rath	Jordyn Dupree
<b>Technology</b>	Darryl Tveitbakk	VOLUNTEER NEEDED

# Faith Formation

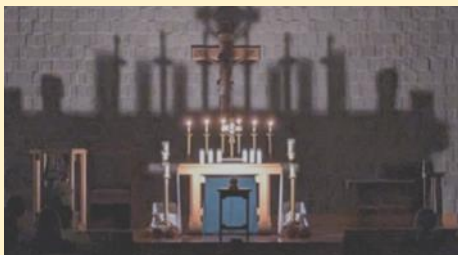
## Religious Education Schedule

March 17 – 10:15 am Sunday School  
March 20 – EXALT  
March 27- No Middle School RE- Holy Week  
March 31 – No Sunday School – Happy Easter!  
April 3 - 6:30 pm –Grades 6 & 8 RE  
April 7- 10:15 am Sunday School  
April 10 - 6:30 pm Grades 6 & 7 RE  
April 14- 10:15 am Sunday School  
April 17- 6:30 pm Grades 6 & 7th grade  
(Switched with 8th grade)  
April 21- 10:15 am Sunday School  
April 24 – EXALT  
April 25 – 6:30 pm First Communion Retreat

## Exalt: March 20

Exalt is an opportunity to step out of our busy lives and rest in the refuge of the Heart of Jesus, present in the Blessed Sacrament through preaching, guided prayer and music.

Dinner begins at 5:45 PM in the parish hall and preaching begins at 6:30 PM in the Church. All are invited.



## O.C.I.A.

Are you interested in becoming Catholic or learning more about the Faith? Consider St. Bernard's O.C.I.A. program (the Order of Christian Initiation for Adults). Through O.C.I.A. you will be able to learn more about what the Church believes and teaches and prepare to receive the Sacraments of Initiation (Baptism, Confirmation, and Eucharist).

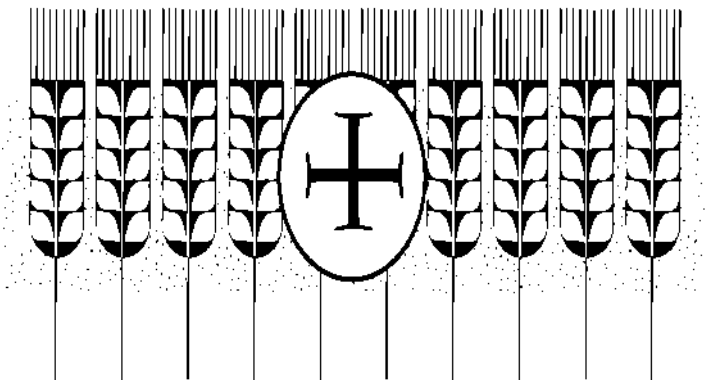
If you'd like more information, contact Carolyn Holecek at [Carolyn.holecek@stbernardstrf.com](mailto:Carolyn.holecek@stbernardstrf.com) or call the parish office.

## Youth News

Click on the QR to read this week's news for St. Bernard's Youth Group. In this bulletin you'll find...



- EXALT (March 20th)
- Seder Meal (March 26th)
- Registration Information on St. John Paul II Camp & Service Team
- Encountering Events (Chrism Mass & Mercy Hours)
- Save the Dates
- Communications



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## St. Bernard's Podcast



Listen to homilies, Bible studies, and more on the new St. Bernard's Podcast. Find it out on podbean at [stbernards.podbean.com](http://stbernards.podbean.com) or search 'St. Bernard's TRF' wherever you listen to podcasts.

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Formed is available St. Bernard's parishioners for FREE. Visit [formed.org](http://formed.org) and search for St. Bernard's parish to sign-up for an account. You can view content on your web browser or on the free app available on Android, iOS, Roku and Apple TV devices!

# Stewardship

## Sunday Stewardship March 9 & 10

Weekly Offertory Budget	\$ 11,231.00
Weekly Offertory Total	\$ 9,360.92
Fiscal Year-To-Date Offertory Budget (Through Feb.)	\$385,647
Fiscal Year-To-Date Offertory Total (Through Feb.)	\$415,984

## St. Bernard's Building Campaign

Pledged to Date: \$ 3,693,386.32  
Received to Date: \$ 3,447,072.43



## *Recommended Sacrificial Giving Distribution*

*As percentage of total  
income.*

Parish	5%
Diocese	3%
Other Giving	2%

## Diocesan Annual Appeal

St. Bernard's 2024 Parish Goal is **\$49,448**.  
As of Feb. 14, **\$11,377** has been given by 42 donors.

Visit [www.crookston.org/DAA](http://www.crookston.org/DAA) or scan the QR code to make a gift.



## Finance Council

Brenda Bruggeman, Trustee, Tim Benedict, Trustee, Kathy Casavan, Jim Retka, Mark Thune, Kevin Yaggie, & Fr. Craig Vasek

## Pastoral Council

Rob Burkel, Tom Schaefer, Michelle Johnson, Lucy Scholin, Joan Lubitz, Kyle Mehrkens, Tevia Strand, Jacob Rath, Mike Wavra & Fr. Craig Vasek

# Prayer Intentions

## Parish Prayer List

Ray Hedlund, Matthew Kaiser, Jan Kramer, Roger Amundson, John Barry

If you wish to have someone placed on, or removed from, the prayer list, please call (218) 681-3571 or email [norm.betland@stbernardstrf.com](mailto:norm.betland@stbernardstrf.com)

*Names will often be forgotten on the list even after they can be removed. All names will be removed twice a year to keep it up-to-date: 1st Sunday of Lent and after St. Bernard's Day (August 20)*



## Pope Francis' Intentions for March

### For new martyrs

We pray that those who risk their lives for the Gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.

## Mass Requests

If you would like to have a Mass said for a special intention, you can request a Mass in multiple ways. You can stop by the parish office, send them by mail or drop them in the collection basket. When requesting a Mass for the deceased, be sure to indicate this with " + " before their name. The customary offering is \$10. Masses are scheduled on a first-come, first-served basis, and can be scheduled up to 1 year in advance.

# Parish Life

## St. Bernard's Adoration Society

There are multiple opportunities for you to learn more about Eucharistic Adoration from Fr. Vasek! Fr. has created some short videos regarding Adoration that will be posted on the St. Bernard's YouTube page regularly between now and Corpus Christi. Check them out at:

<https://bit.ly/3Vcv03b>

Fr. Vasek has also been working with an organization called *Bread* to put together a video series about entering into Holy Week. You can sign-up to receive these videos here:

<https://bit.ly/3Vki37l>

There are also several scheduling changes to note over the next 2 weeks:

- Mar. 19, Adoration will end at 7PM for Holy Week music rehearsals which will take place in the Church.
- Mar. 20, Adoration will be cancelled for Ex-alt.
- Mar. 22 is the final Lenten Friday of Adoration.
- Mar. 28 there will be no Adoration for Holy Thursday. Please see the bulletin for the liturgical schedule for the Holy Triduum.

We are still seeking adorers to fill our perpetual adoration schedule. You can register for an hour or to be a substitute at:

[stbernardsc.weadorehim.com](http://stbernardsc.weadorehim.com)

## LITURGICAL ITEMS

### *Sanctuary: The Monstrance*

The monstrance is a liturgical item that is not typically used at Mass, unless Eucharistic Adoration, or a procession is to immediately follow, however, it is still an important item in the sanctuary.

A monstrance is an object designed to display the consecrated Host from Mass, which is actually the Flesh and Blood of Jesus Christ. Monstrances may also be called ostensoriums. The word monstrance comes from the Latin *monstrare*, and ostensorium comes from the Latin *ostendere*. Both words express the concept of "showing."

Prior to the Middle Ages, the Blessed Sacrament was typically adored while in a ciborium, which is the vessel used to keep the Sacrament in the tabernacle. During the Middle Ages, monstrances began to emerge as a way to display the Eucharist to the faithful for adoration and veneration. They became common in the 13th Century when processions began to increase in popularity.

The design of monstrances has evolved over time. The earliest designs were simply ciboria that had an elongated piece on top that a "luna" could sit on. The luna is where the actual host resides. By the 15th Century, the common design evolved to contain rays radiating out from the luna like the sun. This is still what we tend to see today. Still, the designs of monstrances vary widely from the simple to the elegant, from the small to huge, immovable monstrances.



In the Gospel today, Jesus says "Whoever serves me must follow me, and where I am, there also will my servant be. The Father will honor whoever serves me." When we help the poor, we are truly followers of Jesus, servant of the poor.

**Know that you are a sign of God's love to those who are suffering, and you give them Easter hope and joy, when you support St Vincent de Paul.**

## New Parishioner or Change of Address?

If you are a new parishioner or need to update your contact information, you can register or update your information on our website at [stbernardscc.org](http://stbernardscc.org) or by calling the parish office at (218) 681-3571.

If you or someone you know has been a victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24 hour confidential number).



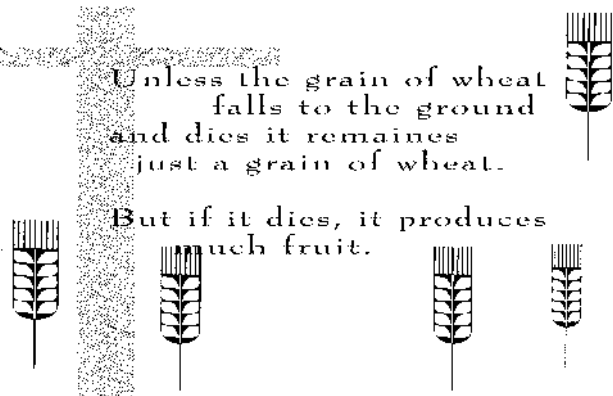
## Light of the World

Remember, Jesus is the true light, so don't forget to turn the lights off when you're the last one out of a room at St. Bernard's. We really appreciate it!



Unless the grain of wheat falls to the ground and dies it remains just a grain of wheat.

But if it dies, it produces much fruit.



## View the E-Bulletin!

Would you rather view the bulletin in a digital format?

Check out the e-bulletin at [stbernardscc.org](http://stbernardscc.org) or in the myParish app!

Search for **myParish** on the App Store or Google Play to download our app today!



Please have any items for the bulletin in to the Office Manager by Tuesday at Noon. Email: [norm.betland@stbernardstrf.com](mailto:norm.betland@stbernardstrf.com)

## Easter Environment at

### Saint Bernard's

If you would like to contribute a gift in honor or memory of a loved one for the Easter Environment in the Sanctuary, complete this offering form. Place it with your gift in the offering basket at Mass or send it to the parish office: 105 Knight Ave N, Thief River Falls, MN.

Gifts received by March 24 (Palm Sunday) will have the name of the honoree or memorial published in the bulletin for Easter Sunday.

Name of Donor: \_\_\_\_\_

Phone Number: \_\_\_\_\_

This gift is in *honor/memory* (circle one) of:

Amount of Gift: \$ \_\_\_\_\_



Mark your calendars for the Star of the North Eucharistic Congress, to take place May 17-18 at the Sanford Center in Bemidji. Bishop Cozzens and Bishop Felton of the Diocese of Duluth welcome you to this collaboration between our dioceses to celebrate and glorify Jesus in the Holy Eucharist. Immediately following the congress, the Marian Route of the National Eucharistic Pilgrimage will begin at the headwaters of the Mississippi in Itasca State Park. The Eucharistic Congress will inspire your devotion to the Eucharist through power talks, witness testimonies, panels, fellowship, praise and worship, Mass, adoration, and confession. Register at [crookstoneucharist.org](http://crookstoneucharist.org)

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 A CENTURY  
 OF CATHOLIC  
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**ST. BERNARD'S IS CURRENTLY IN THE PROCESS OF RENEWING SPONSORSHIP CONTRACTS IN THE BULLETIN. IF YOU WOULD LIKE TO DISCUSS HAVING AN AD PLACED IN THE BULLETIN, CALL CHARLIE VOGEL AT THE PARISH OFFICE (218) 681-3471.**





# Day of Grace Confessions

Saturday, March 23

9am - 4pm

*Confessions will begin on the hour and be heard until the Confession line ends. Confessions will begin again at the beginning of the next hour.*

*Examinations of Conscience are available in the Church and on the myParish App under the Confession tab.*

# Holy Triduum and Easter Liturgies

## **Thursday, March 28**

Mass of the Lord's Supper

*7:00 PM – Church*

Adoration at the Altar of Repose

*8:30 PM to 10:00 PM – Parish Hall*

Tenebrae (Liturgy of the Hours)

*9:45 PM – Church*

## **Friday, March 29**

Liturgy of the Passion of the Lord

*1:00 PM – Church*

Tenebrae (Liturgy of the Hours)

*9:45 PM – Church*

## **Saturday, March 30**

Easter Vigil Mass

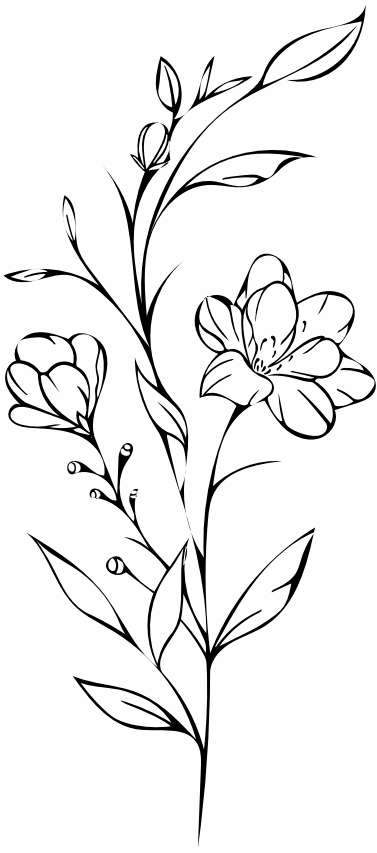
*8:00 PM – Church*

## **Sunday, March 31**

Easter Mass

*9:00 AM – Church*





You are invited to the St. Bernard's

# *Seder Meal*

**Tuesday, March 26**

**St. Bernard's Parish Hall**

**5:30pm Seating | 6:00pm Seder Meal with Potluck to Follow**

## **What is a Seder Meal?**

A Seder meal is a ritual Passover meal that remembers the exodus out of Egypt. The meal is a structured event with prayer, readings and specialized food that goes back to the original Passover with wine, lamb, matzo (unleavened bread), egg, bitter herbs, and charoset (apples & nuts).

This would be a great way to prepare for Easter. You don't need to be a parishioner to participate. Invite and bring your friends. All are welcome!

Please RSVP for the Seder Meal by Wednesday, March 20th by calling St. Bernard's at 681-3571 or scanning the QR code.



<https://bit.ly/StBSeder2024>