



St. Bernard's Catholic Church

February 4, 2024

The Fifth Sunday in Ordinary Time

St. Bernard's Catholic Church

105 Knight Ave N.
Thief River Falls, MN 56701

Parish Office Hours
9AM-5PM Mon-Fri

(The office is closed from 12 to 12:30PM)

Parish Office: (218) 681-3571
School Office: (218) 681-1539

www.stbernardscc.org

Parish Staff

Fr. Craig Vasek, Pastor and Superintendent
Norm Betland, Office Manager and Executive Assistant
Carolyn Holeccek, OCIA Coordinator
Misty Mehrkens, Youth Minister
Manuel Peralta, Buildings and Grounds
Margaret Rasmussen, Religious Formation Coordinator
Charlie Vogel, Advancement Director

School Office

Laura Brickson, School Principal
Rebecca Peralta, Office Administrator

Holy Mass Schedule

Tuesday	8:00 AM
Wednesday	5:15 PM
Thursday	8:00 AM
Friday	8:30 AM (School Mass)
Saturday	5:00 PM
Sunday	9:00 AM

See the bulletin for weekly changes to the regular schedule.

Confession Schedule

Saturday	4:00-4:50 PM
Sunday	8:00-8:50 AM
Weekdays	30 min. before Mass, ending 10 min. before Mass

Adoration Schedule

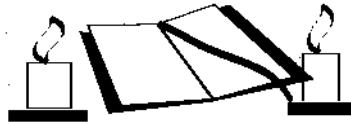
Tuesday	8:30 AM—10:00 PM
Thursday	8:30 AM—10:00 PM

*Christ took away our
infirmities and bore
our diseases.
Alleluia, alleluia.*

Matthew 8:17

Holy Mass Schedule & Intentions for this Week

Mon., Feb. 5	No Mass	
Tue., Feb. 6	8:00 AM	+Bernadete Erickson
Wed., Feb. 7	5:15PM	Anna & St. Joseph's Intentions
Thu., Feb. 8	8:00 AM	Jack Miller
Fri., Feb. 9	8:30 AM	Samantha Thibert
Sat., Feb. 10	5:00 PM	+Gail Boice
Sun., Feb. 11	9:00 AM	Pro Populo



Do all that you do
for the sake of the gospel
in hopes of having
a share in its blessings

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Feasts and Readings

Mon., Feb. 5	St. Agatha, Virgin and Martyr
1st Reading:	1 Kgs. 8:1-7, 9-13
Psalm:	Ps. 132:6-7, 8-10
Gospel:	Mk. 6:53-56
Tue., Feb. 6	St. Paul Miki & Companions, Martyrs
1st Reading:	1 Kgs. 8:22-23, 27-30
Psalm:	Ps. 84:3, 4, 5 and 10, 11
Gospel:	Mk. 7:1-13
Wed., Feb. 7	Wed. of 5th Week in Ordinary Time
1st Reading:	1 Kgs. 10:1-10
Psalm:	Ps. 37:5-6, 30-31, 39-40
Gospel:	Mk. 7:14-23
Thu., Feb. 8	St. Jerome Emiliani
1st Reading:	1 Kgs. 11:4-13
Psalm:	Ps. 106:3-4, 35-36, 37 and 40
Gospel:	Mk. 7:24-30
Fri., Feb. 9	Fri. of 5th Week in Ordinary Time
1st Reading:	1 Kgs. 11:29-32, 12:19
Psalm:	Ps. 81:10-11ab, 12-13, 14-15
Gospel:	Mk. 7:31-37
Sat., Feb. 10	St. Scholastica, Virgin
1st Reading:	1 Kgs. 12:26-32; 13:33-34
Psalm:	Ps. 106:6-7ab, 19-20, 21-22
Gospel:	Mk. 8:1-10
Sun., Feb. 11	6th Sunday in Ordinary Time
1st Reading:	Lev. 13:1-2, 44-46
Psalm:	Ps. 32:1-2, 5, 11
2nd Reading:	1 Cor. 10:31-11:1
Gospel:	Mk. 1:40-45

Coming Up!

Feb. 14	Ash Wednesday
Feb. 16	First Lenten Fish Fry
Mar. 9	Confirmation Retreat
Mar. 26	Seder Meal
Mar. 30	Easter Vigil
May 4 5PM	Confirmation

This Week in the Parish

Mon., Feb. 5	6:30 PM	OCIA, Rectory Mtg. Rm.
Tue., Feb. 6	8:30 AM– 10:00 PM	Eucharistic Adoration, Sanctuary
Wed., Feb. 7	2:30 PM	St. Bernard's Quilters, Parish Hall
	6:30 PM	Exalt, Sanctuary (Dinner @5:45 Parish Hall)
	8:00 PM	Men's Group, Parish Library
Thu., Feb. 8	8:30 AM– 10:00 PM	Eucharistic Adoration, Sanctuary
	8:30 AM	OCIA, Rectory Mtg. Rm.
	9:30 AM	Bible Study, Library
Sun., Feb. 11	8:10 AM	Lauds (Morning Prayer), Sanctuary
	10:00 AM	Prepare Sanctuary for Lent Fellowship, Parish Hall
	10:15 AM	Sunday School
	11:00 AM	Confirmation Interviews



Ash Wednesday February 14, 2024

Mass Times

7:00 AM

8:30 AM—School Mass

6:30 PM

Ash Wednesday is an obligatory day of fasting and abstinence for Latin rite Catholics.

Fasting is obligatory from the age of 18 to the day before your 60th birthday. Fasting means one regular-sized meal and two smaller meals that cannot total one full meal when combined.

Abstinence from meat is mandatory from age 14 and up. This does not include fish, shellfish, reptiles, or amphibians.

Pregnant and nursing women, the physically and mentally ill, and those with chronic diabetes are exempted.

Ash Wednesday is not a Holy Day of Obligation

From the Desk of Fr. Vasek

Greetings,

Catholic Schools Week

Catholic Schools Week was filled with energizing and joyful activity. Bishop Cozzens noted in his homily at the All School Mass that it is such a gift to be able to celebrate our faith day-in and day-out, celebrating Mass together, and growing in our relationship with Jesus. I would add that having a bishop visit classrooms (beyond a priest visiting on a regular basis) is such a beautiful gift for our children.

Lenten Items

Ash Wednesday (which is not a holyday of obligation) is on February 14th. We will have a robust offering on our Wednesdays, with Holy Mass, soup suppers, Stations of the Cross, and a Lenten study. We are gearing up for the annual fish fry season. Beyond take-out and delivery, we are returning to in-person dining. The fish fry is a great fundraiser for the parish. It is also a great opportunity for community and parish life together. I'm very happy that we are able to return to in-person dining and I hope that many parishioners will participate, even if they haven't for a while.

Diocesan Annual Appeal

Each year, the Diocese depends on contributions from parishes so that the bishop and his staff can oversee and serve Catholic life in our area. The Diocese doesn't have 'a parish' with 'parishioners' per se, so it depends on the various parishes for support. The recommendation which the diocese has given for sacrificial giving, based on annual household income, is: 5% to the parish; **3% to the diocese**; 2% to charities of your choice. I hope you are able to contribute at some point throughout the year. Personally, I am a BIG fan of our current bishop and the vision and leadership he is providing us. He might be the best bishop we've ever had in Crookston (personal opinion).

Grace and Peace,
Father Vasek

Feb 10 & 11 Weekend Ministry Schedule

Ministry	Sat 5PM Mass	Sun 9AM Mass
Accompanist	Kristi Lasalle	Katie Hahn
Cantor	Darryl Tveitbakk	Sarah Vogel
Hospitality	Ethan Eidelbes Aiden Eidelbes Gerard Novak Elijah Williams	Rick Reierson Lisa Simenson Christy Sorenson Robert Wald
Sacristan	Pinky DeHaan	Bob Buresh
Ministry Captain	Margaret Rasmussen	Carolyn Holecek
EMHC	Arlene Thune Marie Weets	Tina Hapka Kari Schaefer
Lector	Chuck Walrath	Steve Olson
Commentator	VOLUNTEER NEEDED	Tom Schaefer
Alter Servers	Stella Kalash	Kayzlee Strand
Technology	Jeremy Williams	10th Grade Boys

Faith Formation

Religious Education Schedule

February 7 – 6:30 pm Exalt (Dinner at 5:45pm)
February 11 – 10:15 am Sunday School
February 14 – Ash Wednesday – attend a Mass!
February 18 – No Sunday School
February 21 – Grades 6 & 8 RE
February 25 – Sunday School
February 28 – Grades 6 & 7 RE
March 3 – 10:15 am Sunday School
March 6 – Grades 6 & 8 RE
March 9 – Confirmation Retreat
March 10 – 10:15 am Sunday School
March 13-6:30 pm Grades 6 & 7 RE



O.C.I.A.

Are you interested in becoming Catholic or learning more about the Faith? Consider St. Bernard's O.C.I.A. program (the Order of Christian Initiation for Adults). Through O.C.I.A. you will be able

to learn more about what the Church believes and teaches and prepare to receive the Sacraments of Initiation (Baptism, Confirmation, and Eucharist).

If you'd like more information, contact Carolyn Holecek at Carolyn.holecek@stbernardstrf.com or call the parish office.



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St. Bernard's Podcast



Listen to homilies, Bible studies, and more on the new St. Bernard's Podcast. Find it out on [podbean](http://podbean.com) at stbernards.podbean.com or search 'St. Bernard's TRF' wherever you listen to podcasts.

Youth News

ButterBraids For Sale! This is an EASY fundraiser for those that want to add funds to their youth accounts! ButterBraids sell themselves. The fundraiser is running NOW until February 11th with a delivery date of March 5th. If you are interested in selling ButterBraids, contact me right away! I have the forms ready for you to use!

Ski Trip to Buena Vista, Bemidji: Monday, February 19th We'll be joining Redeemer, Trinity and Zion Churches in going skiing in Bemidji. All liability and payment forms can be found on our link tree: <https://linktr.ee/stbernardsyouth>. All forms and payments must be completed and submitted before getting on the bus on the 19th. Seats will be limited so please register ASAP to ensure a spot!

Hope Retreats: The only remaining Hope Retreat of the year, The Lion and the Lamb, will be on February 10th & 11th. This retreat is focused on learning about Jesus as the perfect and ultimate sacrifice for our sin along with his victorious act of redemption through his death and resurrection. This retreat is focused on understanding the Lord's sacrifice as we enter the Lenten season. Open to all high school students. You can register for this retreat by going to <https://www.crookston.org/reasonforhope>.

Fish Fry Season: St. Bernard's Fish Frys begin on February 16th and will be on every Friday until March 22nd. This is a great opportunity for youth to add funds to their accounts and pay for any and all activities St. Bernard's or the Diocese of Crookston host. (like the ones listed above!) Parents, siblings, friends can all work towards the same family youth account. \$10/hour for the fish fry and \$20/hour for cleanup after 7:00pm. If everyone were to commit to ONE slot for ONE Friday, we'd have everything taken care of! Willing to accept the challenge? Go to <https://linktr.ee/StBernardsParish> to view the available slots for each Friday's sign up. Please take special consideration in the areas of deliveries, take out orders, dining room help and kitchen cleanup. Those are the areas that need a large number of volunteers to ensure it runs smoothly. Thank you!

Exalt: February 7

Exalt is an opportunity to step out of our busy lives and rest in the refuge of the Heart of Jesus, present in the Blessed Sacrament through preaching, guided prayer and music.

Dinner begins at 5:45 PM in the parish hall and preaching begins at 6:30 PM in the Church. All are invited.



Stewardship

Sunday Stewardship January 27 & 28

Weekly Offertory Budget	\$ 11,231.00
Weekly Offertory Total	\$ 13,664.02
Fiscal Year-To-Date Offertory Budget (Through Jan.)	\$341,573
Fiscal Year-To-Date Offertory Total (Through Jan.)	\$307,658

St. Bernard's Building Campaign

Pledged to Date: \$ 3,693,386.32
Received to Date: \$ 3,447,072.43



Recommended Sacrificial Giving Distribution

As percentage of total
income.

Parish	5%
Diocese	3%
Other Giving	2%



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Diocesan Annual Appeal

See the "Parish Life" page of the bulletin for a message from Bishop Cozzens. Please be generous! Be on the lookout for a mailing sent to your home. Fill out the in-pew envelope today or make a gift online by using the QR code or visiting

www.crookston.org/DAA



Stewardship Includes Time and Talent as Well!

Getting involved in weekend ministries is a great way to share in parish life. St. Bernard's is looking for individuals to be trained and scheduled to be Sacristans (prepping Sacred vessels and books before Mass), Pianists, Cantors, Extraordinary Ministers (distributing Communion during Mass and to the homebound), Altar Servers, MC-s (junior & senior boys and young men to assist altar servers), and Hospitality Ministers. To learn more, please call the parish office.

Prayer Intentions

Parish Prayer List

Jackie Hunt, Matthew Kaiser, Kaelyn Diaz, Roger Amundson, Ron Winter, Tom Super, Mary Hemstreet, Jim Breth, Robert Walrath, Elliana Rose Viktora, Tim Kramer, Christine Oliver, Margaret Koldon, Luke Noreen, Sid Brouse, Gale Schmitz, Tori Hovelsrud, Ray Hedlund, Emil Vanyo, Jan Kramer, Tim Bulger, John Barry, Alberta Johnson, Daniel Bernard, Steph Kaiser, Paul Burda

If you wish to have someone placed on, or removed from, the prayer list, please call (218) 681-3571 or email norm.betland@stbernardstrf.com

Names will often be forgotten on the list even after they can be removed. All names will be removed twice a year to keep it up-to-date: 1st Sunday of Lent and after St. Bernard's Day (August 20)

Pope Francis' Intentions for February

For the terminally ill

We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

Mass Requests

If you would like to have a Mass said for a special intention, you can request a Mass in multiple ways. You can stop by the parish office, send them by mail or drop them in the collection basket. When requesting a Mass for the deceased, be sure to indicate this with " + " before their name. The customary offering is \$10. Masses are scheduled on a first-come, first-served basis, and can be scheduled up to 1 year in advance.

Parish Life

Diocesan Annual Appeal

“I Am With You Always!” is the theme of this year’s Diocesan Annual Appeal. “Jesus wants you to experience His love. He invites you to spend time encountering His love in His Eucharistic presence. He wants to speak His words of love to your heart. If you open yourself to Him, He will fill you with His love and I invite you to be generous in your response to Him. As you prayerfully consider supporting this year’s DAA, ask the Holy Spirit to show you how you are called to make Christ present by sharing His love through your sacrificial giving to the DAA.”

Most Reverend Andrew Cozzens
Bishop of Crookston

St. Bernard’s Adoration Society

The Adoration Society is excited to announce that after this past weekend we are one-third of the way to perpetual adoration. 58 hours have at least one committed adorers, which is more than double the current number of hours of adoration every week.



However, there is still a ways to go. 110 hours remain without an adorers. Eucharistic Adoration is a key piece to the parish’s “1 Campaign.” If you haven’t committed to an hour of Adoration yet, we ask you to prayerfully consider signing up for an hour each week.

You can register for an hour at
stbernardscc.weadorehim.com



NATIONAL
**Eucharistic
Revival**

Mark your calendars for the Star of the North Eucharistic Congress, to take place May 17-18 at the Sanford Center in

Bemidji. Bishop Cozzens and Bishop Felton of the Diocese of Duluth welcome you to this collaboration between our dioceses to celebrate and glorify Jesus in the Holy Eucharist. Immediately following the congress, the Marian Route of the National Eucharistic Pilgrimage will begin at the headwaters of the Mississippi in Itasca State Park. The Eucharistic Congress will inspire your devotion to the Eucharist through power talks, witness testimonies, panels, fellowship, praise and worship, Mass, adoration, and confession. Register at crookstoneucharist.org

LITURGICAL ITEMS

Chalice Items: The Pall

On top of the paten (with the host), sits the pall. The pall is a white cloth stiffened with cardboard, which is often embroidered with symbols or eucharistic themes. The purpose of the pall is more practical than anything else. While the chalice and the elements that will eventually become the Body and Blood of the Lord sit on the credence table during the Introductory Rites and the Liturgy of the Word, they are exposed to many potential elements, including dust, insects, and in some churches, bat guano. The pall serves as a protection from these elements coming into the contact with the bread and the wine. The pall also allows for the chalice veil, when it is used, to drape elegantly over the chalice.

The Ordinary Form of the Mass does not require the pall to be used, but it still used in the Extraordinary Form. When using the pall it stays on the chalice from the beginning of Mass until the preparation of the chalice during the Offertory. It is placed back on the chalice after the elevation (showing the chalice to the faithful after the consecration) and remains there until the Doxology (Through him, with him,...). It is put back on after the Doxology until the *Haec Commixtio* (when the priest places a fragment of the consecrated Host into the chalice while the faithful are singing the Lamb of God. The priest removes it when he consumes the Precious Blood and may or may not leave it off during the distribution of Communion. If there are multiple chalices on the altar (when Communion is distributed under both kinds).



Chalice with pall



In the Gospel today, we find that Jesus would rise very early before dawn and go to a deserted place to pray and then he went out to preach and to heal.

Please pray for those who seek our help, knowing that you are bringing the love and peace of Jesus to those who live in fear and doubt, loneliness and dread.

Cursillo 2024

“Where two or three meet together in my name, I shall be there with them.”
-Matthew 18.20-

Cursillo is a three-day learning, sharing and inspirational experience of living in a Christian community. During the three days of a Cursillo weekend a person not only hears inspiring talks on what it really means to be a Christian, but actually experiences the joy of building and being part of a genuine Christian community.

Spring Cursillo Weekends

Men: February 22-25, 2024

Women: March 14-17, 2024

For more information visit Crookston Diocese Cursillo page or reach out to Stephen Wegscheid, Randy Malo, David Holecek or Tom Schaefer.

Lenten Environment Preparation

ALL HELP would be greatly appreciated in removing the plants from the Altar in preparation for Lent. This will take place on Sunday, **February 11th**, after the 9am Mass. Hopefully, see you there!

2023 Palm Sunday Branches

Ash Wednesday is fast approaching on February 14. Have you ever wondered where the ashes used during the liturgy come from? They come from burning the blessed palm branches distributed the previous year on Palm Sunday. Beginning next weekend, through the end of this first part of Ordinary Time, baskets will be available in the Gathering Space for you to drop off any blessed palm branches you have from last year (or previous years).

hosanna in the highest

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If you or someone you know has been a victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24 hour confidential number).



Please have any items for the bulletin in to the Office Manager by Tuesday at Noon. Email: norm.betland@stbernardstrf.com

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www.crookston.org/subscribe



QUILTING GROUP 2921

St. Bernard's Quilters will meet Wednesday, February 7, 2024, from 10 AM to 2:30 PM in the Parish Hall. Any skill level is welcome. If you have questions, call Donna Koehmstedt at (218) 681-2921

HOLY SPIRIT

fill our hearts
with your love



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New Parishioner or Change of Address?

If you are a new parishioner or need to update your contact information, you can register or update your information on our website at stbernardscc.org or by calling the parish office at (218) 681-3571.

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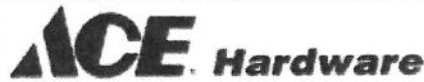
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Lent 2024

Important Dates for Lent

Ash Wednesday	February 14	Day of Fasting and Abstinence
Fridays of Lent	February 16 & 23 March 1, 8, 15 & 22	Days of Abstinence
Good Friday	March 29	Day of Fasting and Abstinence

Fasting: Days of fasting are obligatory for Catholic from the age of 18 until the day before the 60th birthday. Fasting means one regular-sized meal can be taken along with two smaller meals that together do not equal one regular-sized meal.

Abstinence: Days of abstinence are obligatory for Catholics from age 14 and up. Abstinence means not consuming meat. Consumption of fish, shellfish, reptiles, and amphibians is permitted.

Pregnant and nursing women, the physically and mentally ill, and those with chronic diabetes are exempted.

The Pillars of Lent

The Lenten Season is Built on 3 Pillars: Fasting, Praying, and Almsgiving. Many Catholics voluntarily give up or adopt penances within these pillars during Lent.

Below are some ideas for voluntary penances under each pillar.

Fasting

Fasting on all Fridays of Lent
Abstaining from meat through all of Lent
Social media fast
Giving up a bad habit
Sleeping without a pillow
Not hitting the snooze button
Giving up cartoons

Almsgiving

Fill a rice bowl
Donate food to the food pantry
Give an extra percentage each Sunday
Donate items I like to charity
Help a sibling with their chores

Prayer

Daily Rosary
Going to daily Mass once a week
Visiting the Blessed Sacrament once a week
Reading Scripture for 30 minutes a day
Praying evening prayer from Liturgy of the Hours
The St. Ephrem Prayer
Go to Confession each week

Prayer Opportunities at St. Bernard's During Lent

Holy Mass

Tuesdays	8:00 AM
Wednesdays	5:15 PM
Thursdays	8:00 AM
Fridays	8:30 AM
Saturdays	5:00 PM
Sundays	9:00 AM

First Saturday Mass: March 2, 8:30 AM

Confession

Tuesdays	7:30 AM
Wednesdays	4:45 PM
Thursdays	7:30 AM
Fridays	8:00 AM
Saturdays	4:00 PM
Sundays	8:00 AM

Stations of the Cross

Wednesdays 6:30 PM

Divine Mercy Chaplet

Fridays 3:00 PM

Morning Prayer

Sundays 8:10 AM

Adoration of the Blessed Sacrament

Tuesdays	4:00 AM to 10:00 PM
Thursdays	8:30 AM to 10:00 PM
Fridays	8:30 AM to 10:00 PM

Exalt: March 20, 6:30 PM

See the bulletin each week during Lent for additional prayer opportunities.

Eucharistic Miracle of ALCOY

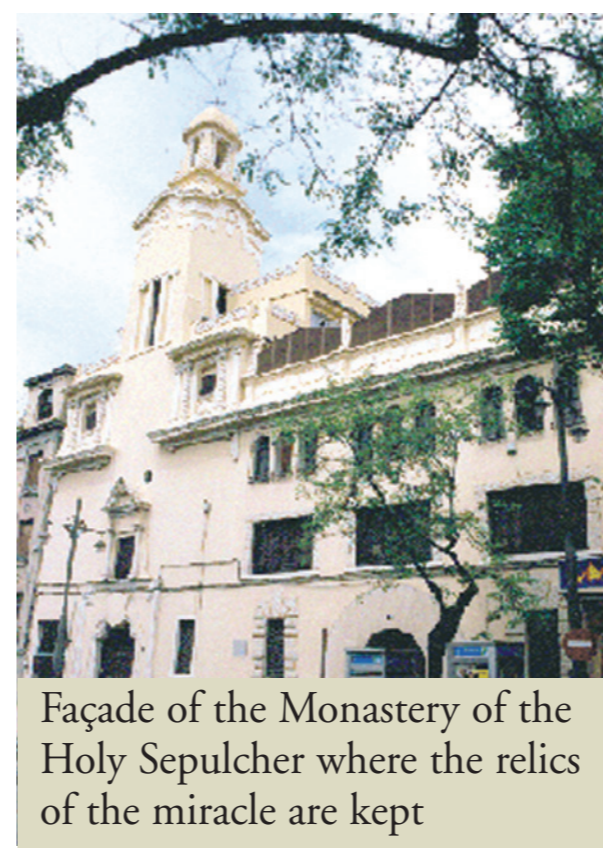
SPAIN, 1568



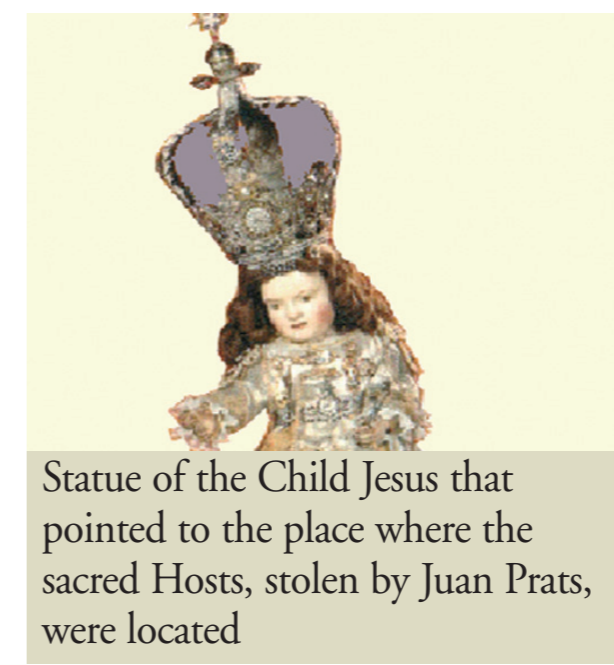
The Eucharistic miracle that took place in Alcoy in the year 1568 regards the miraculous retrieval of some consecrated Hosts that had been stolen. The miracle is still remembered every year by the inhabitants of Alcoy in a festival that is celebrated on the feast of Corpus Christi. The house of the man who committed the sacrilege was turned into an oratory and can be visited to this day.



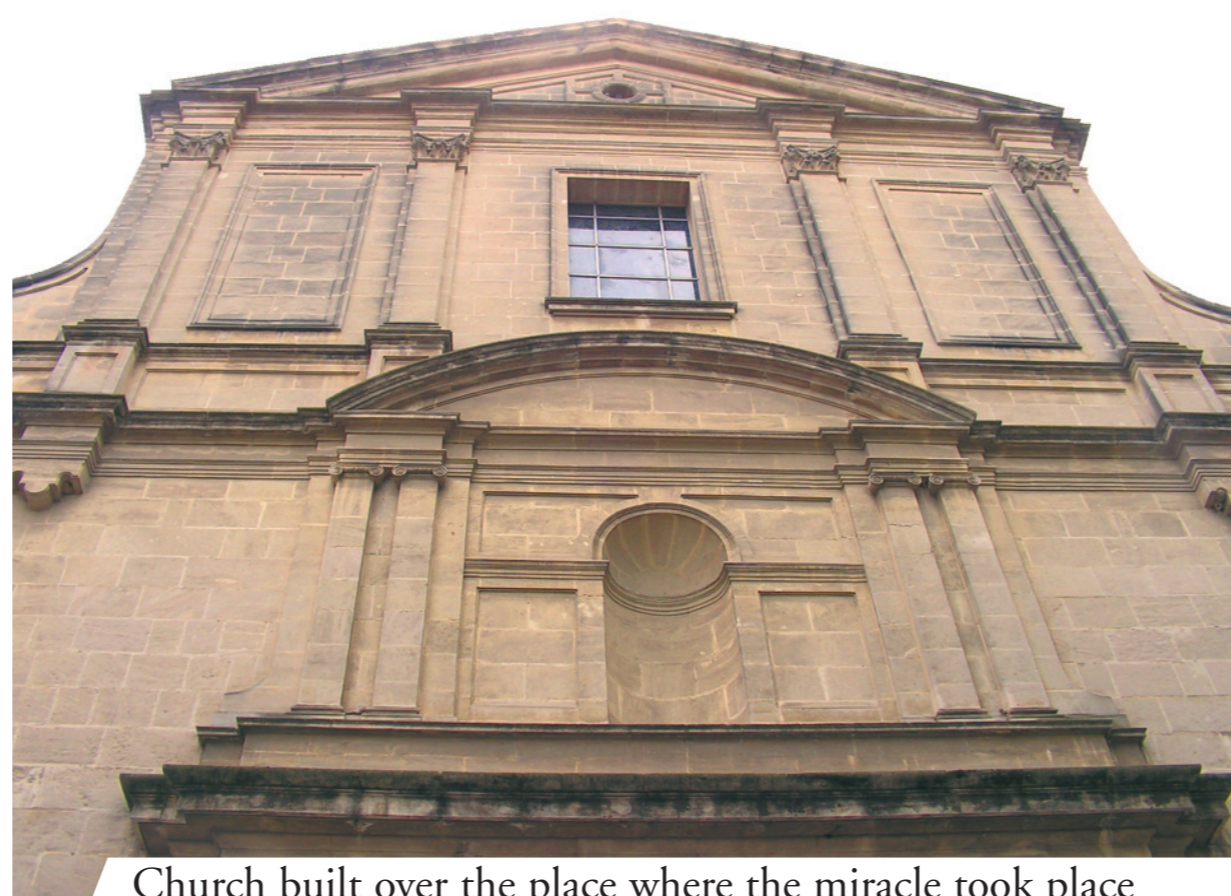
Relic of the Eucharistic miracle



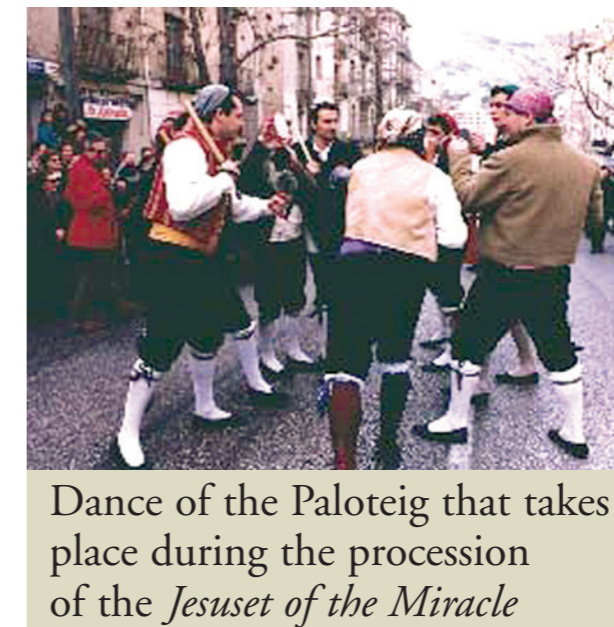
Façade of the Monastery of the Holy Sepulcher where the relics of the miracle are kept



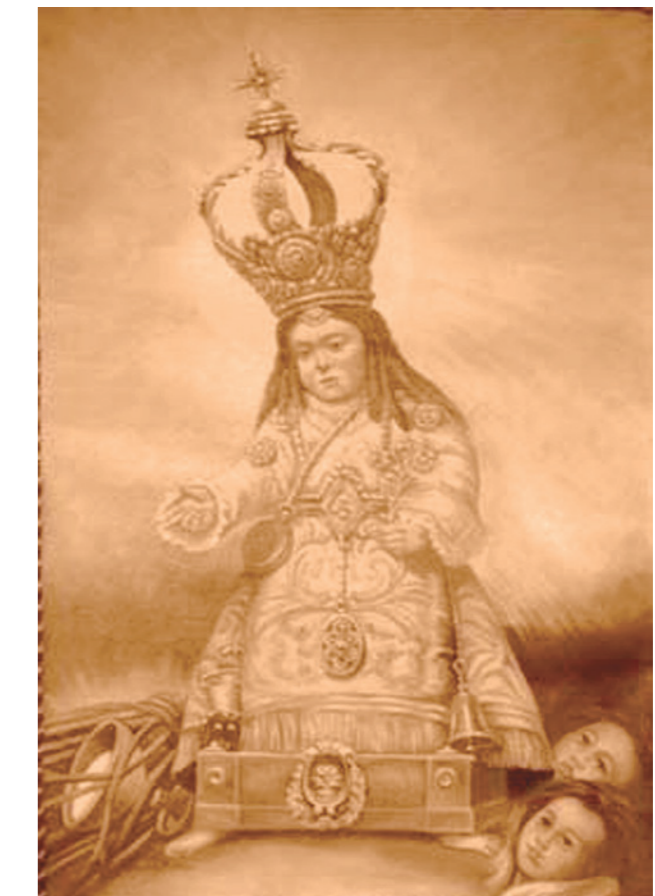
Statue of the Child Jesus that pointed to the place where the sacred Hosts, stolen by Juan Prats, were located



Church built over the place where the miracle took place



Dance of the Paloteig that takes place during the procession of the *Jesuset of the Miracle*



Procession in honor of the miracle



View of Alcoy



Altar where the miraculous little statue of the Child Jesus of the miracle is kept



On the 29th of January in 1568, a citizen of Alcoy by the name of Juan Prats, a man of French origin who needed money, secretly entered the parochial church and stole many sacred objects, among which was a precious silver box containing three consecrated Hosts. Juan Prats consumed the three Hosts immediately and then hid the box in his stable underneath a pile of wood. The next day, the parish priest, Don Antonio, found out about the sacrilegious theft. Distressed, he sounded the church bells to let the people know of the horrendous act. Soon after, all of the people of Alcoy were assembled in prayer in front of the church. The searches began immediately, but were in vain. Near Juan Prats' house lived a pious widow, María Miralles, who had a statue of the Holy Child. The woman, profoundly disturbed by the profane act, began to

pray intensely in front of the statue of Jesus, pleading for the consecrated Hosts to be returned to the citizens of Alcoy. Few hours had passed when she started her fervent prayer when María saw the little hand of the statue of Jesus point its finger to the house of her neighbor, Juan Prats.

The woman, suspicious, decided to tell the civil authorities of what had taken place. In that moment the pastor of the church, moved by a mysterious force, went to the garden of the house of Juan Prats and entered the stable. He rummaged through the pile of wood and immediately recovered the silver box with the three consecrated Hosts. Juan Prats, not understanding how the three Hosts were inside the silver box again, (as he remembered consuming them) repented deeply and confessed the mis-

deed. The documents relative to the miracle and the statue of Baby Jesus are still kept today in the monastery of the Holy Sepulcher of Alcoy.

WHEN YOU PRAY

A CLEAR PATH TO A DEEPER RELATIONSHIP WITH GOD

You know prayer is important but still find it challenging. Perhaps it's hard to find time, or you're unsure what to do when you pray. Or maybe you feel discouraged by your weaknesses and your inability to overcome them.

If you have any of these feelings, you are not alone. Many of the saints struggled in prayer. They were like us. But each time they fell, they got up again and learned to rely more on God's grace.

What God did in the lives of countless saints, he wants to do in the lives of ordinary people like us. And that's what this study is about: the journey of prayer God wants to take us on.



DATE TIMES LOCATION

FOR MORE INFORMATION

Visit ascensionpress.com/whenyoupray for more details.


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EMPLOYMENT OPPORTUNITIES

St. Bernard's School would like to take a moment to acknowledge the retirement of our esteemed 5th-grade teacher, **Mrs. Cathrine DeMars**. After 28 years of dedicated service to Catholic education, Mrs. DeMars has left an indelible mark on the lives of countless students, colleagues, and families. Her unwavering commitment to academic excellence, coupled with her compassionate approach to teaching, has inspired generations of young minds to reach their fullest potential. As we bid farewell to Mrs. DeMars, we are also excited to announce openings for two positions: **5th grade and 6th grade teachers**. If you know of anyone who embodies our values and is passionate about education, please encourage them to apply.

In addition, we will again be having our **Summer Saints Daycare** here at St. Bernard's. This will run from 7:00 AM – 6:00 PM Monday – Friday. We are currently looking for the positions of **Teachers (over 18 years old) and Assistants (16 – 18 years old)**. More details regarding our Summer Saints Daycare will be coming soon! For detailed information regarding the teaching or daycare positions, including application requirements and deadlines, please refer to the contact details below:

5th & 6th Grade Teaching Positions

- **Required:** MN Education License
- **Salary and Benefits:** 1.0 FTE per negotiated contract.
- **Application Deadline:** Spring Hiring
- **Provide:** Letter of Interest, Resume, Transcripts, and current Teaching License

St. Bernard's is an Equal Opportunity Employer



Laura Brickson, Principal, St. Bernard's School
117 Knight Ave N., TRF, MN 56701
218-681-1539 Laura.brickson@stbernardstrf.com

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St. Bernard's School

OUR MISSION

St. Bernard's Catholic School educates and guides families to grow and serve in the love of Jesus Christ.

February 8, 2024



Donate today at

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Minnesota's Proposed Assisted Suicide Bill: Consider the Full Impacts

Reduced to a headline, proposed legislation to legalize physician-assisted suicide in Minnesota can sound like a compassionate option to relieve suffering for people facing serious illnesses. **But dig deeper and discover how these bills would harm thousands of Minnesotans.**



Exacerbates financial disparities

Surveys show the fear of **being a financial burden on loved ones** is the number one reason people seek assisted suicide. Mounting healthcare costs is a driving force behind that. More than 10% of Minnesotans of color and Native Americans are uninsured,^[1] increasing the risk they may feel pressured to make a life-ending choice.



Amplify health care inequities

Minnesotans with disabilities, people of color, the elderly and people with limited income currently face **significant barriers** to consistent quality health care. They also experience higher rates of disease due to **systemic inequities** that impact health, such as education, housing and income. Legalizing assisted suicide would deepen these existing barriers. People experiencing inequities would likely qualify for assisted suicide at higher rates and feel added pressure to select it over more costly care options.^[2]



Blur line between life-enhancing and life-ending care

Providers would be required to offer assisted suicide as a **standard treatment option** in qualifying situations, even if a patient has never considered or requested it. Suicide would be presented as an equal option to treatments that can ease pain and maintain quality of life.



Erode doctor-patient relationships

Doctors pledge to uphold the utmost respect for human life, and people expect physicians to help them. Assisted suicide would make it **harder to trust** that doctors are prioritizing a patient's best interests.

As Minnesota's population ages, now is the time to fully understand the full impacts of assisted suicide legislation. No one should be compelled to accept assisted suicide as their only or best option. Actions taken today will impact Minnesotans for decades to come.



Please oppose the Minnesota End-of-Life Option Act (HF 1930/SF 1813).

Sources

^[1]Minnesota Department of Health, 2021 Minnesota Health Access Survey (press release, infographic)

^[2]American Cancer Society: The State of Cancer Disparities in the United States, National Cancer Institute: Cancer Disparities





Hear From Real Minnesotans

"My neck was broken in a car accident, and I became a quadriplegic, paralyzed below my shoulders. Although life has not been easy and I occasionally deal with serious medical conditions, I can honestly say I'm grateful to be alive. But I might not be if assisted suicide had been legal in Minnesota at the time of my accident."

- Jean



"If this bill was passed, it would be telling people that if you don't want to feel like a burden, you should go to the doctor to end your life. I don't want people to look at my son and see a dollar sign, to see a burden and not my son who is inherently valuable to us."

- Kathy

"If my father had chosen to end his life by physician-assisted suicide when he found out he had advanced lung cancer, I would probably never have become a cancer nurse. The intentional taking of life can rob us of the many unexpected gifts we can receive from a dying loved one."

- Ronald



Please oppose the Minnesota End-of-Life Option Act (HF 1930/SF 1813).



MN Alliance for Ethical Healthcare
Ensuring real care throughout life's journey